



Sleep Apnea Testimonials

I care for a 89 year old woman who suffers from Sleep Apnea and snoring quite a bit....so I gifted this new pillow to her...surprise...she hasn't snored since using it! She loves it! Thank you for not allowing others to sequester your dreams! Susan M.

I have sleep apnea, and finding a pillow that is comfortable while wearing the mask is extremely difficult. When I got my king pillow, I slept like a baby the first night. I was able to fall asleep on my back, something I have not been able to do since beginning my CPAP therapy. Now, I find there is no position I can't sleep in, and feel well rested when I awake. I would highly recommend this pillow to my family and friends. Craig M.

In less than a month my husband is sleeping NO LESS than 8 hrs!!! His snoring has gotten better too. His Sleep Apnea is also better!!! Dorbie

I LOVE MYPILLOW!!!! I take My Pillow with me to hotels and all my travels! Love it!...I have asthma and sleep apnea that it has helped! Thank You TC C.

I have to use the more advanced CPAP machine because of my very severe sleep apnea. Before having ta MyPillow I would wake up with the sheets pulled off the corner of the bed and with severe pain in the back of my head and neck, as though I've been walloped there with something hard like a rock or a shovel. But with this MyPillow the pain is 99.9999% gone-right from day 1! Love it! Donna H.

I have MS, and I was sleeping on 3-5 pillows plus using a CPAP machine. I am down to only My Pillow. My late husband died in 1990. I still believe he would be with me today if the doctors would have tested him for sleep apnea. I wish he would have had a chance to use your pillow. I love it. Sherry S.

Bought the pillow 10 months ago, and I would never go back. It is truly a great buy. When I first got mine, my husband said I was wasting my money, but now he is trying to claim my pillow every night. I also have Sleep Apnea and it works great with my mask and is comfortable. I LOVE IT. Kylie

After using just about every pillow out there, I finally gave in and tried My Pillow. It almost completely stopped my snoring, and I sleep hours at a time without waking up. I think I had some sleep apnea issues too, but I don't have anymore symptoms for that. Will get a sleep test to be sure, but I haven't slept better in years. I do use nasal strips and mouthguard, which now stays in place without using extra pillows. Ann C.

I have sleep apnea and use a CPAP machine every night. So getting my head in exactly the right position is a



Sleep Apnea

If you have sleep apnea, your doctor will likely recommend a continuous positive airway pressure (CPAP) machine. If so, ask your doctor about the importance of your pillow in using the CPAP machine and getting the important rest you need. With MyPillow®, you can form your pillow to the position you need - and it will stay in

that position all night long.

MyPillow Can Help Sleep Apnea.

Mike Lindell invented and patented MyPillow® to solve the problems associated with sleep. MyPillow's interlocking patented fill adjusts to any sleep position and keeps your head and neck supported properly for you as an individual.



Sleep Apnea: Video overview:

Are you one of 22 million Americans who suffer from sleep apnea? A lot of people confuse sleep apnea with snoring. But, sleep apnea is a separate disorder, where you get a blockage in the upper airway. And, it is most common in men over 40.

Continuous positive airway pressure (CPAP) machines are often recommended for the treatment of sleep apnea.

Mike Lindell, CEO and inventor of MyPillow®, found that one of the problems with people who have sleep apnea is that they flip-flop all night long and, therefore, are fighting the CPAP machine hose. Many people end up turning off their machines because they get tired of fighting the machine.

With MyPillow's® patented fill, though, you can mold MyPillow® into the position you need to keep your cervical nerves aligned - whether you are a side, back, or stomach sleeper. And, the MyPillow® stays in that position, so you have no need to do that flip-flopping all night long.

Mike has heard from many people that are in disbelief, because they were fighting the CPAP machines before, but now are getting the benefit that they need from their CPAP machines. Because, the CPAP machine and MyPillow® are a great combination. You sleep in one position with MyPillow®. So, you don't have to fight the CPAP hose all night long, you get what you need from your machine, and you get deep REM sleep instead of constant sleep interruptions. In fact, Mike gives his personal guarantee that you are finally going to get the deep sleep that you need and deserve with his 60-day money back guarantee.



BUY NOW



"I personally guarantee MyPillow will be the most comfortable pillow you'll ever own!"

BUY NOW

Sleep Apnea Facts

Obstructive sleep apnea (OSA) is the most common form of apnea, and means "cessation of breath." Breathing can become very shallow or you may even stop breathing while you are asleep. - **Wikipedia.org**

In the USA, 18 million adults have obstructive sleep apnea, and 90% is undiagnosed. - **James Metz, DDS, The METZ Center for Sleep Apnea**

Estimates range from \$67 billion-165 billion in annual costs related to sleep apnea. The costs include money lost from decreased productivity, traffic accidents related to fatigue, and health care expenditures. - **Sleep Review Magazine**

Factors that increase risk of sleep Apnea include smoking cigarettes (3 times more likely), High Blood Pressure (30% more likely) and obesity 70% more likely. - **WEBMD.com**

Obstructive sleep apnea occurs in 50% of females aged 20-70 years. 20% of females have moderate, and 6% severe sleep apnea. Sleep apnea in females is related to age, obesity and hypertension. - **European Respiratory Journal Study**

Poll data suggest that the risk of sleep apnea in exercisers is half that of non-exercisers," says Christopher Kline, Ph.D "People with sleep apnea are often overweight. Exercise can be part of the treatment." - **Christopher Kline, Ph.D NSF**

big deal! I have tried MANY different pillows, trying to get the support and stability that is absolutely critical given my condition, including my current memory foam pillow that quickly lost the consistency in the memory that I need (AND they are the most expensive on the market). None have really given me what I needed. Your pillow has literally changed the way I sleep. I am surprised...very surprised, and I could not be more pleased. The pillow gives me the support, consistent stability, and just plain comfort that has significantly increased my sleep quality. Thank you! Lisa L.

I sleep on my side because I use what is called a CPAP for Sleep Apnea, so I usually never move at night. With my old pillows, I was always flipping the pillow over in the middle of the night because my face felt like it was frying on one side. I can say that My Pillow lets me sleep through the night with very little discomfort. My Pillow has stayed firm, and the material inside hasn't broken down like other pillows. After having My Pillow for a year now, I have been very happy with the comfort level. I can tell you, the firmness of the My Pillow does take some getting used to. But if you want your head supported correctly, then I guess it has to be firm. Good luck I hope this has helped. And no Mike is no relation to me.....lol Gary H.

I suffer from sleep apnea, and in 2007 I had a car accident that caused me to be disabled. I've had several surgeries. I have issues with my neck and I wake up in pain everyday. I have tried every pillow that made claims of being able to relieve pain. None worked. Then I saw the infomercial for My Pillow and decided to give it a try. At the very least, I could return it if it didn't help. Well, I am no longer a sceptic. The very first night, my wife said it seemed like I fell right to sleep. The next morning, I woke up, and my hair on my neck was still dry. The pillow was nice and cool, and I woke up with a lot less pain. This is the best pillow I have ever slept on. I told my wife I will never leave home without MyPillow. I would like to extend my most sincere appreciation - finally a pillow worth sleeping on. Thank you and God Bless. Frank

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YES!!!! Thanks Mike! Mike - I just wanted you to know that the pillows are fantastic. I am a disabled Vet with Obstructive Sleep Apnea and Migraines. Since receiving "My Pillows" I have have fallen to sleep so fast that I just love it! I spent a little time researching and found you on the WWW. Thank you Mike! Doug C.

Love My Pillow - Thanks! Gerald D.

I used My Pillow for the first time last night and for the first time in years, I awoke refreshed. Thank you so much for your product! I would gladly go to work for you selling your product or giving a testimonial. THANKS, Stacy M.

I'm so excited, I bought 2 pillows yesterday, one for my son and one for myself. I had the best night of sleep of my life. But the best part is that my 18 year old son had his FIRST GOOD NIGHTS SLEEP he's ever had. Now he sleeps through the night and woke up this morning feeling excellent !! :) He came out of his room this morning absolutely beaming, saying that he can't believe

a PILLLOW made so much difference.
THANK YOU!(Now we have to buy
them for the rest of the family). Terry
L.

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Claims for MyPillow® are based on medical opinion and user experience and not on actual clinical studies.

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