



Restless Leg Syndrome Testimonials

Due to a lost of stress at work I couldn't sleep and started having a crawling feeling in my legs. I would have to get up and walk around for relief. My boyfriend got me the new My Pillow Mattress Topper and I can now sleep through the night. Jennifer

5 Stars. We have had ours for over 2 years and they still wash up like new!! The combo of pillow and bed topper is fabulous! Becky Aspelund MyPillow® Facebook

"I LOVE my pillow - had a great night! Wonderrrrfull! Connie Chaffee, Utah State Fair



Restless Leg Syndrome

Restless legs syndrome (RLS) is a disorder where the person experiences burning or itching sensations in the legs when they are relaxed - especially when they are trying to sleep.

For the most part, Restless Legs Syndrome cannot be cured. Sometimes, though, the symptoms can be relieved. And, one of the many recommendations found on the National Institutes of Health's MedlinePlus article <http://www.nlm.nih.gov/medlineplus/ency/article/000807.htm> "Restless Leg Syndrome and Sleep" is to get enough sleep and to make sure that your bed is comfortable.

MyPillow can help your Restless Leg Syndrome

Mike Lindell invented and patented MyPillow® to solve the problems associated with sleep. MyPillow's interlocking patented fill adjusts to any sleep position and keeps your head and neck supported properly for you as an individual.



Are you one of the five million people that suffer from restless leg syndrome? In this video, Mike Lindell, CEO and inventor of MyPillow®, talks about people coming up at the home shows mentioning Restless Leg Syndrome (RLS) and how the MyPillow® actually helped them get good sleep at night in spite of their RLS.

MyPillow® was invented to reduce sleep interruptions. With MyPillow's® patented interlocking fill, you set the position you need and it will hold without going flat. So, it keeps your head aligned all night long - no matter what position you sleep in. You won't be flip-flopping all night long.

Most people with Restless Legs that Mike talked to slept on their sides, often with a pillow, such as the GoAnywhere pillow, between their legs. When they slept on other pillows, they flip-flopped during the night because their body was not aligned, and so they lost the pillow between their knees. With MyPillow®, though, you don't flip-flop, so you sleep all night long.

With your body aligned, you sleep in one position all night, so you get into a deep REM sleep without interruptions, and you get the best night's sleep you've ever had.

Mike personally guarantees that MyPillow® is going to help you. Look at the testimonials of people who have been helped by having reduced sleep interruptions. Mike gives a 60 day money back guarantee. If, for some reason, it doesn't help, you can always return your pillow for any reason.



BUY NOW



MyPillow® Topper

BUY NOW

Restless Leg Syndrome Facts

Most people with RLS have difficulty falling asleep and staying asleep. Left untreated, the condition causes exhaustion and daytime fatigue. - **Healthline Networks**

Many people with RLS report that they are often unable to concentrate, have impaired memory, or fail to accomplish daily tasks. It also can make traveling difficult and can cause depression. - **Georgia Regents University, Augusta**

As much as 10 percent of the U.S. population may have RLS. - **Cleveland Clinic Sleep Disorders Center**

More than 5 million Americans (2-3 percent of adults) have moderate to severe RLS. - **National Institute Of Neurological Disorders and Stroke, NIH**

Childhood RLS is estimated to affect almost 1 million school-age children. - **RLS Foundation**

Many physicians wrongly attribute the symptoms to nervousness, insomnia, stress, arthritis, muscle cramps, or aging. - **National Institute of Neurological Disorders and Stroke, NIH**

RLS occurs in both men and women, although the incidence is about twice as high in women. - **RLS Foundation**

The cause of RLS is unknown, although most believe that it may have a genetic component. - **National Institute of Neurological Disorders and Stroke, NIH**

RLS is often found in families where the onset of symptoms is before age 40. Specific gene variants have been associated with RLS. - **National Institute of Neurological Disorders and Stroke, NIH**

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