



### Allergies and Asthma testimonials

*My other half has asthma which makes sleeping a problem sometimes. With "his" new "My Pillow" he is sleeping much better! I have recommended your product to anyone who will listen. Sorry it took me so long to buy it! Thank you! Luwana D.*

*My allergies aren't bothering me. I always loved my nice down pillows. No longer. It is worth the investment in your health & sleep well being. Thank you "My Pillow". AND, it's made here! Weftyn*

*I LOVE MY PILLOW!!!! I have been using the same pillow since I was a baby because I was allergic to most everything that pillows were made from. I have spent hundreds of dollars on pillows that were either too big, too small, too hard, etc. MY PILLOW is like heaven!!!! IT IS PERFECT!!!! I was up at 2 or 3 am watching TV because I couldn't sleep because I was uncomfortable, but not any more!!!! I LOVE YOU!!! THANK YOU FOR GIVING ME SLEEP AGAIN!!! Terese*

*We both love the washability as we both suffer from allergies. Would recommend to everyone! Gayle J.*

*Great sleep is so important to our health! For my children and grandchildren that throw their pillows on floors, plus use their pillows with sleeping bags, travel, etc.; the wash and dry factor is the best! They all have asthma and allergies. It's great to just pop in the washer and dryer! Cynthia*

*It really is one of the best things I've ever bought. It's better than they even claim. I've stopped snoring. I get less allergy headaches. And it's very comfortable. Thanks so much for developing it. It's worth every single penny. Rob B.*

*Bothered with nightly stiff neck, allergies and snoring on both our parts, I thought we'd never get a good night's sleep. The first night proved all the other testimonials I had read to be true plus more! We both could not do without our MyPillows! We take them to hotels now and we just can't do without them for even one night! Thank you thank you. They are definitely worth the money. MADE IN THE USA! Nan M.*

*I am blessed with allergies, so I decided to try one, as I had nothing to loose.....Well I have had mine and I got my husband one too for at least 8 months an I love them.....I no longer wake with a headache and no allergies.....I have washed and dried mine twice and like new again..I tell my friends about them.....love it !! Cherie B.*

*I love My Pillow. I mainly purchased it for my migraines and allergies. I tell everyone I know about My Pillow and*



### ALLERGIES and ASTHMA

Have you considered washable, hypoallergenic pillows? Your pillows and bedding can be major contributors to allergies and asthma, as they may contain dust mites, mold, pollen and feathers - which are major triggers for allergies and asthma.

In fact, the National Institutes of Health's MedlinePlus article on allergies says you should limit your exposure to allergens in your bedding by wrapping mattresses and box springs with mite-proof covers and washing bedding and pillows once a week in hot water (130 °F to 140 °F). See: <http://www.nlm.nih.gov/medlineplus/ency/patientinstructions/000487.htm>

Therefore, it is very important to have washable, hypoallergenic pillows and mattress toppers made of synthetic materials that can be washed in hot water and dried on a regular basis.



Are you one of the many people that suffer from allergies and asthma?

In this video, Mike Lindell, CEO and inventor of MyPillow®, talks about how he set out to create a healthy pillow that lasts. So, he spent an extra 1/2 year creating a pillow that was completely washable and dry-able, plus non-allergenic - as well as giving the pillow a 10 year warranty.

MyPillow's® patented fill is non-allergenic and the cover is dust mite-resistant. You can throw the pillows in the washer and dryer, just like your favorite blue jeans, and you can wash the pillows over and over and over again. In fact, wash your MyPillows® as much as you want - the 10 year warranty will still stand.

So, you get a pillow that you can keep healthy with continual washing. And, with the 10-year warranty, a pillow you only need to buy once - think of the money you can save. And, think of the many nights you can now have of deep sleep.

MyPillow is not intended as a cure for any disease. However, it can help reduce discomfort associated with symptoms of common physical problems. Because nothing is more important to good overall health than a great night's sleep.



BUY NOW



"I personally guarantee MyPillow will be the most comfortable pillow you'll ever own!"

BUY NOW

### Allergies and Asthma Facts

As a part of the 10-year warranty, MyPillow pillows are **recommended** to be washed in the hot water then machine dried on hot every 4 months! The pillows are beneficial for those with allergies because the fill of the pillow is inorganic.

For creatures you can't even see, dust mites can stir up a lot of trouble. About 20 million Americans are allergic to these little bugs. When you're one of these people, you may feel as if you have an endless cold or even asthma. **-WEBMD**

Use pillows filled with polyester fibers instead of kapok or feathers (organic). Wash bedding in very hot water (over 130 F) once a week. The water needs to be this hot to kill dust mites. Dry the bedding in a hot dryer. **-WEBMD**

Allergies occur when your immune system reacts to a foreign substance - such as pollen, bee venom or pet dander - that doesn't cause a reaction in most people. Your immune system produces substances known as antibodies. Some antibodies protect you from unwanted invaders that could make you sick or cause infection. When you have allergies, your immune system makes antibodies that identify a particular allergen as harmful, even though it isn't. When you come into contact with the allergen, your immune system's reaction can inflame your skin, sinuses, airways or digestive system.

The severity of allergies varies from person to person and can range from minor irritation to anaphylaxis - a potentially life-threatening emergency. While most allergies can't be cured, a number of treatments can help relieve your allergy symptoms. **-www.mayoclinic.org**

#### Read

- "Dust Allergies" @ <http://www.webmd.com/allergies/guide/dust-allergies>
- "Dust Mites: Everything You Might Not Want To Know" @ <http://www.ehso.com/ehshome/dustmites.php>
- "Are Pillows Causing Allergies for Your Family?" @ <http://www.sheknows.com/health-and-wellness/article/811470/are-pillows-causing-allergies-for-your-family>

how it has worked for me. Thanks for making such a great product. Kathy A

I have always suffered with morning headaches and clogged sinuses. I also had trouble falling and staying asleep. Since the arrival of "My Pillow"... I no longer have the headaches and sinus troubles in the morning. I have been sleeping better than ever as is my husband. I have thrown away my expensive feather down pillows. Thank you for a better quality of life. MJ S.

I thank God for you. I could not sleep on my right side, was sleeping with a neck collar, and taking allergy pills. Now, I do not use my neck collar, I can sleep on my right side, and I do not have a runny nose. I feel great. Good Bless you and thank you. This is one of my best investments. Irma S.

We love these pillows!! I bought these for my husband because he was always complaining about his pillows going flat and he is tired of buying pillows all the time. He also suffers from allergies/sinus and says he gets a more restful sleep. It seems to keep his head cooler. I like the fact that I can wash them and not worry about mildew or stuff coming out of them or them losing shape. Thank you, Cheryl

I had been buying pillows for the past several years trying to get one that I could honestly say really worked and helped me get a better nights sleep. I have very bad allergies and have found this pillow great. Thanks for such a great product!!!! June M.

I have allergies. A couple of weeks ago, I was watching tv and i saw your show. I placed the order and now I do not have a runny nose. I feel great. Good Bless you and thank you. This is one of my best investments. Irma S.

I am very picky about pillows and in the past the only pillows I have liked are the very expensive down pillows with a lot of volume but still soft. However, after having a grandchild that is allergic to down, I tried looking for pillows to replace mine and never found one I liked until I saw your ad in the Miami Herald and decided to try it. I like it so much that I am ordering two more. Joan B.

Since I have a son with severe asthma the pillow was perfect. I especially love that this is the first pillow that I can actually wash. Terri Ann

Best Pillow ever. Had mine 7 years and the travel pillow is the most awesome must have for travel. Buy this pillow and you will never regret it. It's washable. No allergy problems. No creepies (bed bugs/mites). Wonderful. C. R.

#### Contact

24/7 Ordering Call  
1-800-544-8939



Customer Service  
1-800-308-1299



#### Information

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#### About MyPillow®

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Warranty Registration



Claims for MyPillow® are based on medical opinion and user experience and not on actual clinical studies.

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