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MyPillow ✓

March 26, 2013 · Minneapolis, MN · 🌐

Did you know?

A study published in the journal Arthritis and Rheumatism suggests that sleep problems are a risk factor for fibromyalgia rather than a consequence of the illness. Women that reported sleep problems over a 10 year period were 3-5 times more likely to have developed fibromyalgia.

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Chris Guilbault, Cathy Ruggiero, Lisa M. Shaffer and 4 others like this.

1 share



Mary Sanders So true, happened to me 😞

March 26, 2013 at 8:31am



Chris Guilbault I believe it...I think I have Fibro now along with RA and DDD in my lumbar...I hadn't slept good for many years, and it catches up with you. I have had MY PILLOW for a year now and I LOVE IT...simply the best, I fall asleep much quicker now...only wish I would have had one 5 years ago..

March 28, 2013 at 5:59am

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