Home

Buy Resveratrol

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If you buy Resveratrol you will be buying a powerful anti-oxidant normally found in small amounts in red wine, Japanese knotweed (*polygonum cuspidatum*), the skin of red grapes, blueberries, bilberries, cranberries, raspberries, jackfruit, pomegranate, peanuts and cocoa.

It has been shown to control inflammation, proven effective at lowering sugar in the blood, is good for the heart and has also been shown to have many anti-cancer properties so in my experience it is worthwhile to buy resveratrol but which product.

Resveratrol is made up of two compounds - **Trans-Resveratrol** and **Cis-Resveratrol** - only Trans-Resveratrol has been demonstrated to have positive health benefits.

However, make sure you are getting 99% pure trans-resveratrol. Also the health benefits in animal studies were discovered using amounts of resveratrol far beyond that found in our diet, hence the need for supplements.

Although the research on resveratrol is very promising and has shown

Blood Pressure Chart

dramatic effects in animal studies and also some human studies there is still a lot of research to do. It is not the cure for all illnesses though it holds promise.

As with any illness you should consult with your doctor before undertaking supplementation and not ignore medical advice. Educate yourself before you buy resveratrol or any supplement.



Before you buy resveratrol you should get an idea of what it can do. Below are genuine testimonials from people using resveratrol supplements (including my wife). The products they are using are Jeunesse Réserve $^{\text{TM}}$ and Nutrigen AM/PM.

If you buy resveratrol then Réserve™is a good choice.It comes in a 30ml gel pack containing a natural blend of: Dark Sweet Cherry Juice Concentrate, Blueberry Juice Concentrate, Concord Grape Juice Concentrate, Pomegranate Juice Concentrate, Aloe Vera, Resveratrol, Grapeseed Extract, Acai Extract, Green Tea Extract, and Citric Acid.

When I decided to buy resveratrol I chose the Jeunesse Réserve™ product because it has been tested to show that the anti-oxidant actually enters the cells (using Cap-e testing).

It has up to 200 time more bioavailability than encapsulated products and each gel pack is said to contain 180mg of 99% pure trans-resveratrol (approximately equivalent to the amount of resveratrol in 370 bottles of red wine).

The gel, when placed under the tongue is absorbed almost as well as a direct injection into the blood stream (95% absorption for the gel compared to 100% for an injection). This is a great product for people who find swallowing tablets difficult (like my wife and older people) and it tastes great too.



Another product mentioned below is NutriGen AM/PM, a blend of anti-oxidants developed by Jeunesse. It also contains resveratrol and a host of anti-aging ingredients that really are cutting edge and designed to repair telomeres and prevent DNA breakdown.

I have used both Réserve™and AM/PM and feel great on them. Jeunesse also market a skin care range called Luminesce that has been well received and a hair growth product but I haven't used them so I can't comment on their effectiveness (but I will once I get around to trying them).

5 Foods Hurting The Liver

Here are 5 foods you should never eat if you want to lose belly fat.



Testimonials

- 'I always had a persistent dry cough.I started using 2 gel packs of Réserve™ per day and by the time I had finished the second pack I was coughing up a lot of phlegm and thinking that the resveratrol was making things worse. Soon however, my cough stopped and I have not had any problem since and don't get bronchial infections anymore'. John, Brisbane
- 'I had an enlarged prostrate and took AM/PM and after three months it had reduced dramatically'. John, Brisbane
- 'At the age of 50 I was diagnosed with high blood pressure (145/95).
 I started taking Réserve™ gel in November, 2011 and in just over 6 months my blood pressure returned to normal (125/90). I also used to get migraine headaches before using Réserve™ and they have now gone'. Sam, Brisbane
- 'I am a 58 year old female and was having regular vaginal discharges associated with hormone imbalance and constant urinary tract infections. After taking Réserve™ the problems went away. As a byproduct my hair seems to be thicker'. Ruth, Brisbane
- 'I have been using Réserve™ for about a year and used to regularly get colds and sore throats. I haven't had that since taking Réserve™. My husband had high blood pressure (165/100) and after taking Réserve™ for 4 months it has dropped to (140/80). My father has dementia and would call my family 40 or 50 times every night because he has an itchy skin condition that he has had for the past 3 years and it kept him awake and he would forget that he called us. Since taking Réserve™ and AM/PM the skin condition has cleared up and he has been able to sleep so we don't get the calls anymore. It is a great relief'. Lillian, Brisbane
- 'I suffered from depression for the past two years. I decided to buy resveratrol to see if it would help with menopause (the source of my depression). Within two weeks of taking Réserve™ my depression lifted and did not come back until I went to Japan for a month and stop taking the Réserve™ gel pack. When I returned to Australia I began taking hormones for menopause and slipped into a terrible depression. Once again I took Réserve™ resveratrol in the morning and within 3 hours my depression had lifted'. Misao, Brisbane
- 'Suffering from Fibromyalgia I couldn't sleep. The very first time I took PM I had the most marvellous sleep and woke up happy for the first time in ages'. Tricia, Brisbane

The resveratrol in Réserve™ (and AM/PM) seems to have a multi-spectrum effect on a number of conditions and besides its effect on health many people I have spoken to have mentioned that they were recommended to buy resveratrol because many people had experienced the fact that the color in their hair seemed to be coming back, e.g. My hair has gotten darker since taking Réserve™.



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Buy Resveratrol

You can click on any of the Resveratrol advertisements on this page to buy Resveratrol but I can't vouch for the quality. Alternatively you can check your local health food shops.

Or, if you would like to buy resveratrol and SAVE AROUND 30-40% you can join the Jeunesse network where you will receive your own personalized Jeunesse Global website where you can buy products for yourself or friends at wholesale prices or sell to others at retail price (if you want to).

The usual wholesale cost of a month's supply of Réserve™(30 gel packs) is \$134.95 and Nutrigen AM/PM is \$139.95 but if you sign up as a member you can get the Réserve™for only \$83.95 and AM/PM for \$96.95, saving you a massive \$51.00 and \$43.00 respectively.

That may seem to be expensive when you compare it to the similar price of other high quality resveratrol products.

But if you take into account that Réserve™ gel contains around 180 mg of 99% pure trans-resveratrol; is up to 200 times more bioavailable than tablets; and has a 95% absorption rate (the others don't), then it is great value.

If you like the sound of this and would like to start on the path to health sign up as a member (takes about 2 minutes) at a cost of \$29.95 (you will save this amount with your first order of RéserveTM).

To become a member:

Go to http://www.up.jeunesseglobal.com/

- Click on 'Join Now' on the top right hand side
- · Select region, language and click on 'Continue'.
- Read the agreement form, tick 'I agree'(if you do), then click on 'Continue'
- Fill in the form (site URL is just the name you choose for the personal website Jeunesse will create for you, so make up a name you are happy with).
- · Create a password of your own choosing.
- · Fill in all sections that say 'required'
- After filling in the form choose one of the ready made sign up packages or go to the bottom of the 'Signup packages' section and check the circle for 'Create a package' (A menu will appear)
- Tick Réserve™ (the Resveratrol gel) or NutriGen™ AM and PM Essentials (the anti-oxidant formula) or both depending on your preferences.

- Choose 'Signup for unconditional autoship' if you want the product delivered on a monthly basis automatically and indicate which products you want,
- Or select 'Do not wish to sign up for Autoship' from the dropdown menu and place an order whenever you wish.
- · Go to the bottom of the page and click on 'Complete signup'
- That's it. If you want to turn it into a business you can but you don't
 have to. You can just enjoy the benefits of the product at a reduced
 rate because you are now a member. Enjoy and let me know of your
 experiences with the products by sending me an email at
 info@electricphysique.com

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