# The Longevity Factor discover life's new creation

Dr J Maroon:"We still have not reached the limit of human longevity & that an average healthy lifespan may soon be 100-120 years for many people". Keep an open mind, try for 3 months how RESERVE™ has transformed people, making them look 30% younger & prevented dreaded diseases. Try this health nutrition for the whole family. Join Jeunesse in feeling the real transformation in you.Share this emerging worldwide movement that has inspired the world. Yours, Philip

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# Saturday, 14 December 2013

Resveratrol for glowing skin, treatment for skin lesions

by Philip Lee



The only way to flawless skin is by keeping the insides of the body in a healthy state. This means that if the **insides of your body are functioning well, your skin will automatically glow**. People who have tried keeping themselves healthy have reported that within a few weeks, the results showed and after a few months, they had a **luscious complexion**. This is attributed to the fact that **toxins present in the skin cause acne and blemishes which are cleared when the body is internally healthy**.

Today, it is a fact unanimously accepted by the scientific community, and it has been demonstrated that the origins of numerous illnesses lie in oxidation processes. In order to combat their harmful activities, our bodies produce various substances to fight and neutralize them. Some food that we consume, including fruits, also participate in this protective activity, but the **quantity of free radicals** to which we are exposed is so high (exposure to sun, consumption of tobacco and alcohol, a fatty diet, stress, etc.) that an additional supply of antioxidants has proven to be beneficial.

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Other Health Blogs I write





Some of the main benefits of this Super Antioxidant

are-

1. Fights cancer- Oncologists have observed that resveratrol deprives the cancer cells on essential nutrients by inhibiting the action of an important protein which leads to their starvation. Patients who are suffering from skin cancer are put on resveratrol.

2. Hydrates the skin- Resveratrol helps to maintain water balance in the body, thus keeps the skin hydrated. Hydration helps to maintain the beauty and glow of the body. Even people with oily skin need to keep rehydrating their body all the time. You will look better, your skin will glow, and you will live five years longer than a teetotaler.

3. Firms and lifts the skin- Dermatologists have tested resveratrol and realized that it effectively helps to firm and lift the skin. This ensures that the person does not look tired due to baggy, loose skin. The skin looks fresh and supple.

4. Anti-aging properties- As this substance is an antioxidant which prolongs the cell- cycle, delaying their death. Due to this, the onset of old age is delayed and the person remains young for a longer time. The wrinkles and fine line around the mouth, eye and nose slowly start fading away. It also effective reduces age spots within a month.

5. Radiant skin- It provides nourishment to the skin, detoxifies the skin and fill the body with energy and vigor. Due to this, the skin looks radiant and glows with fresh energy.

6. Beautiful skin due to a healthy heart- People with an unhealthy heart tend to look pale and withdrawn. Resveratrol in the form of wine lowers the cholesterol level in the blood. It is said to decrease the level of bad cholesterol and increases the level of good cholesterol.



The polyphenols found in wine (Resveratrol) are 20-50 times more powerful than those of vitamin C and vitamin E. This antioxidant property provides for strong anti-inflammatory skin effects, decreasing the appearance of rosacea, eczema, psoriasis, and acne. Polyphenols can also speed up wound healing, and inhibit the body's secretion of histamine, which results in a dampening of allergic skin responses.

## Resveratrol protect the skin from premature aging by inhibiting the breakdown of

collagen. Collagen production in the skin decreases with age, and without it the skin becomes dry, wrinkled, and discolored. The more collagen you build, the more elasticity and protection from the sun your skin will have, and more youthful it will appear. Collagen also helps skin stay firm, supple, and

acides gras essentiels. Le but de R 4 days ago

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Ban đã sẵn sảng cho "Phép màu chống lão hóa của thể kỷ" ? - by Philip Lee \*RESVERATROL (thành phần chính) được sáng chế bởi trường Đạo học Harvard - "phép màu

chống lão hóa của thế kỷ và bước đột phá 5 months ago

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Malaysian School Uniform

## moisturized.

Another benefit of Resveratrol (Wine) is its ability to **decrease melasma (also called chloasma)**, a **hyperpigmentation condition in which the skin becomes brown and blotchy**, sometimes in butterfly appearance. Other potential benefits include improved vision and joint flex bility, better blood sugar control, decreased risk of cardiovascular problems.

An early study demonstrated that Resveratrol accelerated prolylhydroxylase activity, one of the primary components of collagen synthesis activity, showing clear benefits for dermal health. (Mizutani et al., 1998, quoted by Bagghi et al., Benefits of Resveratrol in women's health. Drugs Exptl. Clin.Res. 2001 XXV11)

Heather Hausenblas, an associate professor at the College of Health and Human Performance at the University of Florida in Gainseville, Fla., said to CBSNews.com that another recent study published in the Clinical, Cosmetic and Investigational Dermatology in Oct. 2012 showed that people who took resveratrol orally for more than 60 days had improvements in their skin. Their skin was more moist, less rough, had better elasticity, and participants' age spots had decreased.

Hausenblaus emphasized the important thing to note about the studies is that the subjects took **resveratrol for an extended period of time, not just did a one-time treatment.** She likened it to taking prescription medication once over two weeks instead of every day: "You aren't going to see an effect," she said. "They were taking this for 60 days — not just an hour in an expensive red wine bath," she added.



She further asserts, In summary, Resveratrol

1. Protects skin from damage: Our skin is constantly being attacked by free radicals, highly reactive molecules that are both produced by our bodies and circulating in the air around us thanks to smoke and other air pollutants. Super Antioxidants such as Resveratrol neutralize existing free radicals so they don't damage your skin, and they prevent these harmful molecules from forming in the first place. Resveratrol trumps vitamins E and C in effectiveness.

Soothes the skin: Toxins, sun exposure, and other irritants can damage your skin's collagen and elastin to accelerate aging, wrinkles, and saggy skin. But resveratol's anti-inflammatory properties calm and heal the skin to curb chronic damage.

3. Firms your face: Collagen is the key structural protein in our skin that provides healthful elasticity. As we age, our estrogen levels shift, thus producing less collagen, and resulting in crow's feet, plus droopy, thin skin and lackluster lips. Resveratrol functions like estrogen to maintain collagen levels and moisture for firm, perky skin and a juicy complexion.

4. Provides sun-protection: There's no question that sun exposure is a major culprit for skin damage and aging; it contributes to the classic signs of photoaging, which include uneven pigmentation, broken blood vessels, loss of collagen and elastin, and wrinkly, sagging skin. Studies show that drinking red wine can help protect your skin from sun damage, thanks to the skin-saving ingredient resveratrol.

5. Maintains healthy skin cells: Young-looking skin is evidence of young, healthy skin cells. Our old skin cells are replaced by new ones at remarkable rate: it only takes about a month for skin cell turnover. However, the older we get, the slower the rate. Visible signs of aging such as dull skin, begin when old cells outnumber new. While there's no way to entirely stop skin cells from aging, resveratrol encourages your body to expend energy maintaining healthy tissue, which extends

## Labels

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## the lifespan of cells and keeps your skin glowing.



Drinking wine is never a guarantee of absorbing high levels of Resveratrol. 1 pack of RESERVE<sup>™</sup> contains Resveratrol equivalent to 150 bottles of Red Wine minus the alcohol. RESERVE<sup>™</sup> is also the highest delivery method in highly absorbable gel compared to other capsules in the market.

Further research shows Resveratrol are specific polyphenol binding sites in epidermis and may be useful to prevent skin disorders associated with aging. A paper published in Photochemistry and Photobiology explains how resveratrol-treated skin ages less when exposed to ultraviolet radiation; this is because this active ingredient enhances the vitality of the epidermal keratinocytes, which are the cells that constantly renew the surface layer of the skin. Sun damage is less, as the sun-exposed skin repairs and renews itself more rapidly.

# Testimony 12 years Pityriasis Lichenoides Chronica

It takes a lot of courage to share this personal skin problem that is all over my body before April 2013. For 10 years, I have sought various treatments by reputable dermatologist in Kuala Lumpur, Hawaii and the National Skin Center of Singapore. I have tried PUVA and Psolaren which induces nausea, UVB light theraphy 3 times a week and various oral medication but all could not clear the red marks and scaly skin. I finally found a drug that clears the rash and red marks, Methroxate (MTX), but this is a cancer drug that harms the liver over the long term. But, I had no choice as I needed a solution to ensure I am presentable for work and when meeting clients. My skin disease is no different from Psoriasis or Eczema which gets worse at stress, heat and once appearing, it stays for months. The red marks can develop into lumps and get inflamed to sores or bumps. Patients with such skin disorder should not be complacent as untreated sores and lumps can turn cancerous. Whenever, my lumps are inflamed, I apply the Luminesce Stem Cell Serum which heals in a matter of days. Click on this to find out more. It may or may not be the effects of Jeunesse products, but I have tried different products and seen various dermatologist. Jeunesse do not make such claims of its products being able to have such effects, but I certainly thank God I am now having a much healthier natural alternative than taking drugs that are too strong for my liver.

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    Resveratrol & Prevention of SLE Lupus

Choose the Right Company, Right Leader

Resveratrol for glowing skin, treatment



found RESERVE™ to be an alternative nutrition and I have reduced my intake of MTX drastically. I can do sports and go outdoors and not ashamed wearing a short sleeved shirt or singlet in hot weather and still be reducing my MTX drug intake. I feel healthy, with more energy, better memory, endurance to do sports. It is all the evidences that I have researched. You can be blessed by this too! Don't be skeptical, try it! I cannot be 100% sure if it is the works of RESERVE™ but I am definitely healthier with better nutrition and thank God for it.

# Other stubborn skin testimonies

for skin I...

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## Links to Jeunesse Other Products

- Nutrigen AM PM: Nutrition for Gene -Complete Multi Vitamin, AM Energy, PM Good Sleep,
- Luminesce: Stem Cell Skin Tissue Rejuvenation - Eczema, Psoriasis, Burns, Acne, Lupus, Wrinkles, Hair Loss
- Propectin: Radiation Free Family Line for mothers to be, pilots, stewardess, globetrotters, Biohazard lab workers, residents near nuclear reactors
- Finiti: Telomere Timebombs Defused turn back the aging clock in your gene
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## About Me



8+ Follow 108 I am a Christian dad living in Singapore. I was brought up

Philip Lee

In Kuala Lumpur, Malaysia and lived in Malaysia, Hawaii, Tokyo, London, Hong Kong and now Singapore. Now a Singaporean, I speak 5 languages - English, Bahasa Malaysia, Bahasa Indonesia, Cantonese and Japanese and soon to pick up more Mandarin. I hold a MBA and work in a regional role in an IT MNC.

View my complete profile



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Why do I bother blogging this? It takes a lot of time to write. I am convinced that it works and want to bless many. The dermatologist may not be telling you this as they I ke a steady flow of appointments to cover the

cost of the rental of their clinic. By all means, still consult a dermatologist regularly. But, now you have an option for a natural Super Anti Oxidant that can make your body healthy and your skin glow.

Click the message box on your right to ask me any questions. Click on the link below to join under me and get both RESERVE<sup>™</sup> and the <u>Stem Cell Serum</u>. You can try with a Basic Package for RM750/SGD300/AUD300. I am unlike other Leaders who will leave you on your own after you sign up. I am here to bless you. Let us lead a team to bless people with better health.



# **Disclosure Policy**

This policy is valid from 1 July 2013 This blog is a personal blog written and edited by me.

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## Other Health Blogs I write

# Jeunesse French Blog français



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