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[jeunesserereservesg](#) 59 year old, James, suffered from Gout for 15 years. 2 attacks on the first year and 4 attacks on the second year. Subsequently an attack every month.

For first 2 weeks he took 6 packets of Reserve a day. After 1 week, he tried lamb chop and rojak. After 2 weeks, he tried beer and duck meat. He now maintains his health by taking 2-3 packets of Reserve a day. So far no attack and showed significant improvement. #gout #jeunesse #jeunesserereserve

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