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## Suffer from Diabetes?

## Read this great testimonial!

I was diagnosed in June 2012 as being diabetic. I decided to try control it by diet. I had done fairly well until last week. My doctor wanted me to keep my sugar level below 140. My goal was to keep it below 130. Last week, my sugar levels were high. They were anywhere between 140 and 150. But on Sunday my sugar level was 173. My diet had not changed. On Monday I began using Reserve twice a day. On Tuesday my sugar level was 143, on Wednesday it was 123, and on Thursday it was 115. I like to freeze the packets. They are delicious and I am thrilled with the results! I am looking forward to sharing my story with my friends who are diabetic, and to see what other health benefits I receive from Reserve.



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