

Sterling Vapor E-Cigs

www.ecigsejuice.com

search

GO >

Advanced Search | Search Tips



Home About Us Battery Charging Safety Tips Cartomizers 101 Contact Us e-cig 101 Events Store Location Shipping & Returns RSS Syndication

Categories

Best Sellers
Higher Performance E-Cig Models
Mechanical Mods
RDA/RBA Tanks
Electronic Cigarette Kits
Baker - White E-Liquid
Cosmic Fog E-Liquid
Cyclops Vapor E-Liquid
eVo Premium USA E liquid
FOG CABIN BY UNCLE JUNK'S
Fog Boss
Flavorz by Joe E-Liquid
FOG BOSS DRIPPING LINE
Friend-or-Faux Quality E-Liquids
Halo E Liquids
Hurricane Vapor E-Liquid
King of the Cloud
Lazarus Vintage Premium E-Liquid
Lost Art Liquids
Mistology Vapor E-Liquid
Namber Juice E-Liquid
Oakwood Vapor Liquids
ODIN by Baker White
Rocket Fuel Vapes E-Liquid
The Schwartz Yogurt Eliquid
Space Jam Robo Fuel E-Liquid
Standard E-Liquid
Suicide Bunny E-Liquid
Taste Vape E-Liquid
Uncle Junk's Genius Juice
Vintage E Liquids
E-Juice
Battery Chargers
USB Pass Through Device Batteries
E Cig Batteries
Cartomizers, Tanks & Dual Coil Cartomizers
Re-Buildable Tanks, Atomizers & Accessories
E Cig Atomizers
Drip Tip Alley
E Cig Accessories
e-cigarette Specials
New Arrivals
Coming Soon
E Cig Coupon Codes

Popular Brands

Flavorz
eVo Pure
Kanger

[Home](#) > [e-cig 101](#) > [FAQ](#)

FAQ

[Will Switching To e-cigs save me money?](#)

Absolutely and plenty of it. In many states especially on the East Coast the price of a pack of traditional tobacco cigarettes is now \$8.00 - \$12.00 (not including state sales tax) Consider a one pack a day smoker. That equates to \$56-\$84.00 a week or \$224-\$360.00 a month or \$2,688-\$4,380.00 a year.

A single e-cig cartridge is equivalent to about 8 traditional cigarettes. But with the addition of a few drops of E Juice a cartridge can last far far longer. A pack of five cartridges costs an average of \$6.00 or \$1.20 per cartridge. This equates to \$6.00 per week or \$24 per month or \$288.00 per year.

For the cost of a carton of toxic tobacco cigarettes - you can start seeing huge savings immediately with one electronic cigarette kit, and say goodbye to cigarettes forever!

Does Nicotine Itself Have A Flavor: Nicotine by itself has more of a sting flavor to it, somewhat like pepper.

Will I Gain Weight Switching To E-Cigarettes: Not likely, since your satisfying the hand to mouth motion as well as getting the same sensation of smoking

Can I Take My E Cigarette On An Airplane: So far the answer is YES, there have been no incidents of an E cig being banned from Airports or Airplanes, you may not be allowed to use it on the plane depending on the Carrier, but you can in airports. And you may board the plane with it. Just be considerate of others who may see the visual as offensive.

A Good Read On Mechanical Mods and RDA/RBA by Nathan Upchurch
<https://medium.com/@nathanupchurch/the-101-on-mech-mods-5a3beaa64d53>

THE TRUTH ABOUT THE ELECTRONIC CIGARETTE

Myth: Electronic cigarettes are being sold to kids.

Fact: Electronic cigarettes are intended for committed smokers of the legal age to smoke.

The industry advocates proper labeling, encourages retailers to check identification of customers and notes that electronic cigarette companies in good standing validate age prior to transacting online purchases. In a recent industry study that included a random sample of US electronic cigarette customers, the average respondent's age was 44 years old. Further, with an average product price of about \$100, it can hardly be called kid-friendly.

Myth: Electronic cigarette cartridges offer many flavors in order to attract adolescent users.

Fact: Many adult-intended products offer a variety of flavors.

The preference for flavor is universal and not age-specific. Products of all types offer colors, flavors and other variations in order to appeal to consumers. To suggest that the cartridge flavors for electronic cigarettes were devised to appeal to kids is patently false and has no basis in fact, and is the same thing as suggesting nicotine-infused smoking cessation gums are available in mint and cinnamon flavors in order to appeal to kids. Electronic cigarettes sold by companies in good standing are for committed smokers of the legal age to smoke.

Myth: Electronic cigarettes make nicotine readily available to non-smokers.

Fact: Electronic cigarettes are marketed to current smokers, not non-smokers.

Nicotine is widely available in over-the-counter products including tobacco cigarettes and smoking cessation gums and lozenges, and there is no evidence that these products or electronic cigarettes increase the consumption of nicotine by those who do not wish to smoke. In a recent industry study that included a random sample of US electronic cigarette customers, 96% were smokers purchasing the product for personal use, and 4% purchased the product for a friend or relative who smoked.

- Innokin
- #N
- Smoktech
- Fog Boss
- Halo American Smoke Juice
- Standard
- Vision
- [See all brands](#)

 **Our Newsletter**

Your First Name:

Your Email Address:

SUBSCRIBE ME

Myth: No one knows what is in electronic cigarettes.

Fact: Multiple studies have been conducted and the ingredients are well known.

Multiple studies by different laboratories around the globe have been conducted identifying that the vapor that is ingested when using an electronic cigarette, depending on the manufacturer, contains approximately 20 ingredients including nicotine, all regarded as generally safe for human consumption when ingested prudently and in accordance with proper labeling. By contrast tobacco smoke contains 4,000 ingredients including arsenic and carbon monoxide, and dozens of cancer-causing ingredients.

Myth: Electronic cigarettes cannot be legally marketed in the US.

Fact: The FDA has not issued any formal guidance on electronic cigarettes.

While it is true that some manufacturers have had the importation of their products stopped, it is also true that the FDA has only provided informal comments about electronic cigarettes through its spokespeople and has not issued any formal guidance on the topic. FDA currently only has jurisdiction to regulate drugs and medical devices, and electronic cigarettes are neither.

Myth: You can stop people from smoking.

Fact: Tobacco smoking increased in the US in 2008 for the first time since 1965.

After a 30-year decline in tobacco smoking in the U.S., the percentage of US adults who smoke tobacco increased in 2008 and for the first time since 1965; this despite decades of gallant legislative and educational efforts, and the multi-billion dollar smoking cessation market. It is clear that some people will choose to smoke, and that further improvement in public health requires the acceptance of this reality and the full embrace of innovative new products that are ever-less hazardous than tobacco cigarettes and ever-more effective than abstinence.

Myth: Nicotine is bad for you.

Fact: The long-term use of nicotine is orders of magnitude safer than tobacco smoking.

Nicotine suffers from guilt-by-association with tobacco. The carcinogenic properties of nicotine in a standalone form, separated from tobacco smoke, indicate that nicotine, on its own, does not promote the development of cancer in healthy tissue and has no mutagenic properties. Further, the Royal College of Physicians says that there are no grounds to suspect appreciable long-term adverse effects on health from the long-term use of nicotine. Electronic cigarette companies in good standing and with proper labeling do advise consumers on who the product is intended for and who should not use the product, as well as the addictive qualities of nicotine.

E liquid flavors are subjective to each individual tastes

PRESCRIPTION DRUGS MAY EFFECT YOUR SENSES OF SMELL AND TASTE
September 2010
Health with Helen Embry

Allergies, smoking and aging can cause a loss in our ability to distinguish the strength of odors of gas, smoke, spoiled foods, etc. Are you aware that we can lose the sensitivity of our taste buds? These losses can also cause us to add more salt to food, lose our appetites and not be aware of odors that can cause harm.

In a recent study it was found that, 1/3 of the people over 60 had an impaired sense of smell. Diseases such as Alzheimer's, Parkinson, and Bell's palsy, can also cause the loss of smell and taste. The study also found that common drugs that we take could also be a factor in losing our sensitivity in our taste buds. A Few of These different drugs include:

Flonase, Claritin and Sudafed - prescribed for colds, congestion and allergies.

Xansa, BuSpar - prescribed for anxiety.

Ampicillin, azithromycin, ciprofloxacin prescribed for used for bacterial infections

Lotensin, Capoten, Vasotec, Cardizem, nitroglycerin prescribed for high blood pressure and heart problems.

Lipitor, menacor, and pravachol used for high cholesterol

Amerge and Imitrex prescribed for migraines

Tamiflu prescribed for viral infections.

These are just a few medications that may alter your taste buds

This does not mean you should go home and throw out your needed medication. Just be aware that as we grow older we may not be aware of the smells and tastes we had when were in our 30's.

Sterling Vapor E-Cigs

www.ecigsejuice.com

search **GO >** Advanced Search | Search Tips



Home About Us Battery Charging Safety Tips Cartomizers 101 Contact Us e-cig 101 Events Store Location Shipping & Returns RSS Syndication

e-cig 101

FAQ

Categories

- Best Sellers
- Higher Performance E-Cig Models
- Mechanical Mods
- RDA/RBA Tanks
- Electronic Cigarette Kits
- Baker - White E-Liquid
- Cosmic Fog E-Liquid
- Cyclops Vapor E-Liquid
- eVo Premium USA E liquid
- FOG CABIN BY UNCLE JUNK'S
- Fog Boss
- Flavorz by Joe E-Liquid
- FOG BOSS DRIPPING LINE
- Friend-or-Faux Quality E-Liquids
- Halo E Liquids
- Hurricane Vapor E-Liquid
- King of the Cloud
- Lazarus Vintage Premium E-Liquid
- Lost Art Liquids
- Mistology Vapor E-Liquid
- Namber Juice E-Liquid
- Oakwood Vapor Liquids
- ODIN by Baker White
- Rocket Fuel Vapes E-Liquid
- The Schwartz Yogurt Eliquid
- Space Jam Robo Fuel E-Liquid
- Standard E-Liquid
- Suicide Bunny E-Liquid
- Taste Vape E-Liquid
- Uncle Junk's Genius Juice
- Vintage E Liquids
- E-Juice
- Battery Chargers
- USB Pass Through Device Batteries
- E Cig Batteries
- Cartomizers, Tanks & Dual Coil Cartomizers
- Re-Buildable Tanks, Atomizers & Accessories
- E Cig Atomizers
- Drip Tip Alley
- E Cig Accessories
- e-cigarette Specials
- New Arrivals
- Coming Soon
- E Cig Coupon Codes

Popular Brands

[Home](#) > [e-cig 101](#)

e-cig 101

[E Cigs E Juice University](#)

Checkout our extensive line of [Electronic Cigarette Products](#)

[The Electronic Cigarette](#)

Around now for nearly seven years, the "e cig" or E-cigarette as they're affectionately called by their millions of fans worldwide are a marvel of both micro technologies and effortless simplicity. The E Cig has become a much favored *alternative* to tobacco cigarettes.

[Your E cigs have three major components Unless You Use Cartomizers which are the cartridge & atomizers all in one piece.](#)

1) **The Battery**, this powers your e cig. Each starter kit comes with two rechargeable batteries. Please be sure to charge each battery for an initial charge of at least 8 hours. Then use it for 20 minutes and place it back on the charger for 1 hours. This conditions your batteries for better life.

Please be certain NOT to over tighten batteries in the charger or on to your atomizer, especially with the larger battery models.

2) **The Atomizer**, the engine of your e cig. **When you inhale tiny droplets of liquid from within the cartridge splash into the atomizer which instantly converts the liquid into a harmless vapor.** The vapor tastes and feels extremely close to a real cigarette. Allow a couple days for your e cigs atomizer to fully break in and you begin to have much better results. Keep your cartridges well juiced with our e liquid for optimum performance, especially with the higher voltage models. The Atomizer life span is usually about 3 weeks but may be more or less. But do plan on purchasing a new Atomizer at least once a month for your [E Cigarette](#)

Also note: Atomizers do have a breaking in period, after an hour or so of use they will perform better.

3) **The Cartridge**. Cartridges contain the liquid that produces the vapor. You simply pop one on and your set for the day. They come in every flavor you can imagine from your favorite brand to fruit flavors. Please keep you cartridge moist with e juice for the best vaping experience this is very important.

Nicotine levels are a personal choice, you can choose Low, medium, high, very high and zero.

Your e cig kit arrives with everything you need. Although setup is truly effortless it's a good idea to read the users manual.

a) Remove the battery from your kit along with the charger. Screw in your battery and let it charge for full 8 hours.

b) After the charge is complete remove the battery and screw on the atomizer. Don't forget to get your second battery charging while using the first one.

c) Now choose a cartridge and pop that onto your atomizer and viola! you're ready to Vape! Try adding a few drops of ejuice to the cartridge too for more vapor.

Because e cigs do not produce smoke, do not need fire, are odor free and do not produce harmful second hand smoke - e cigs are welcome in places where traditional cigarettes are banned. You can enjoy an electronic cigarette just about anywhere. The Vapor from your [E Cig](#) dissipates into the air within seconds.

Quit Smoking to cutting way back on smoking cigarettes is made easy with SterlingVapor E-Cigs

Below you'll find more information about the electronic cigarette. Should you have questions please remember, we're at your service.

Battery - The body of your electronic cigarette is a rechargeable battery. Your first charge typically takes 8 hours and will give the moderate smoker a good 1/2 days worth of puffing before a new charge of 2 to 3 hours is needed. When your e cig battery starts to get some age on it the charge on the battery may only last 1 to 3 hours before it needs to be recharged. This is perfectly normal. You can expect approximately 3 months of life from an e cig battery.

The more batteries you own = more vape time

Please Note: Do Not Carry Manual Button Batteries In Pant Pockets. The Button May Stay Constantly Depressed And Fry Your Button, battery & Atomizer. Also you run the risk of damaging the manual button by putting it in your pant pocket. This will VOID all warranties.

Atomizer - Sometimes called "attys" they're like tiny boilers. Your atty/atomizer turns little drops of e-liquid into vapor. The battery powers the atty/atomizer which boils the e-liquid which makes the vapor.