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## Welcome to E-Cig 101!

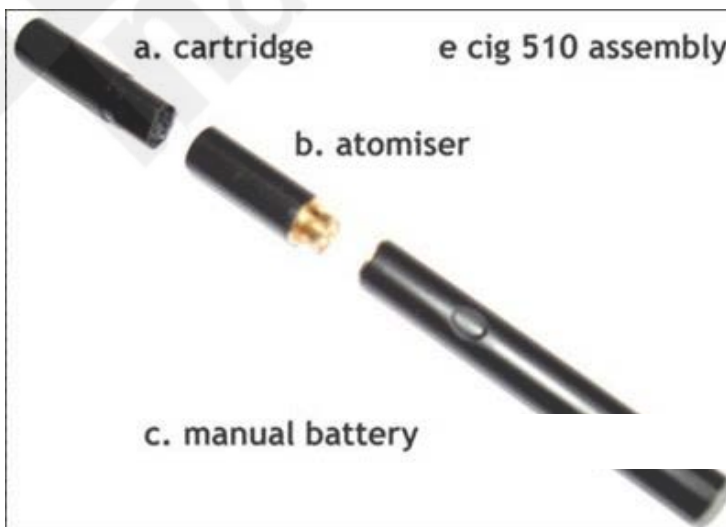
Tardy again?? Well it's OK, here at E-Cig 101 there is no homework, no mid-terms or thesis to write and best of all no outrageous tuition fees! You can even light up a smoke or pop a beer in class if you like. E-Cigs are basically pretty simple & a lot of fun and we think that learning about them should be too!

E-Cig 101 covers the basic information about E-Cigs in general and the Joye eGo & 510 in particular. We focus on this model because they are the most popular Electronic Cigarettes in the world.

### What is an Electronic Cigarette?

The E-Cig was first developed in 2003 by a Chinese firm, SBT. An Electronic Cigarette (E-Cig) is a device that uses electricity to vaporize a liquid (E-Liquid or Juice) to create a vapor that is inhaled similar to smoke from a cigarette. Unlike a traditional cigarette nothing is burned and there are no ashes or cigarette butts to deal with.

An E-Cig consists of three components (some models combine the Atomizer and Cartridge into a single unit called a cartomizer or clearomizer).



#### a) The Cartridge

The cartridge (sometimes referred to as a "cart") contains a porous poly-fill material that

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### 3) Flavoring

Flavoring is added to give the juice its taste. E-liquid is available in a dizzying array of flavors from the standard USA Mix (similar to the big domestic brands) and menthol to chocolate, coffee and every fruit flavor imaginable. But this list just scratches the surface, juice is concocted and sold in just about every flavor you can think of...and some you wouldn't, or might not want to! (kung-pao chicken, anyone?).

You can also buy the ingredients and create your own juices. The DIY (do it yourself) juice is becoming increasingly popular and a part-time hobby to some & full time obsession to others.

## What We Like & Don't Like About E-Cigs

All in all we really like the exciting new technologies of Electronic Cigarettes & E-Smoking (or vaping as it is sometimes known). First it is extremely important to point out that Electronic smoking devices are relatively new and are NOT approved (or classified) by the FDA, nor does the FDA approve of them as a tobacco cessation/quit smoking devices and we make no claims regarding health issues.

However, there is no doubt on a few points. E-Cigs are significantly less expensive than "analogs" and they offer a range of flavors and varieties that tobacco cigarettes will never come close to. And they do not generate the odor, the messy ashes or butts that "analogs" do.

Are they for everyone? Simply...NO. The major drawback of E-Cigs is convenience. Truth is that E-Cigs require a bit of care, maintenance and are more work than simply lighting up a cigarette and throwing away the butt.

Are E-Cigarettes for you? Well there is only one way to know for sure, try E-Smoking for yourself & see!

Ahhh darn...there's the bell. Well we hope that you have found E-Cig 101 to be informative, impartial and most of all fun! For more information please see our [E-Cig FAQ page](#). [For a lot more information we suggest you check out the:](#)

## **The E-Cigarette-Forum (ECF). The Definitive Source for E-Cigarette Information!**

Whether you are new to E-Cigs and just curious as to what they are all about or are an experienced vaper the E-Cigarette-Forum (ECF) is the best resource available anywhere! We highly suggest visiting ECF to everyone interested in E-Cigs or if you have a specific question about any aspect of E-smoking. All topics are covered in depth and include technical assistance from E-Cig experts, product & E-Liquid reviews, E-Cig news, health & medical issues & a LOT more. The ECF is truly the best forum we have seen on any subject and all of the members are very helpful and informative to newcomers & veterans alike.

## **Nicotine Nirvana highly recommends the following reading at the ECF!**

[FAQ-Frequently Asked Questions About Electronic Cigarettes](#)

[The Wonderful World of Vaping: An Illustrated Guide to E-Cigs](#)

[Buying & Using an Electronic Cigarette: A Primer](#)

[Everything You Ever Wanted to Know About Your Joye 510](#)

Summary of a long document page, likely a table of contents or a list of items, with two red boxes highlighting specific entries.

The page contains a list of items with associated icons, text, and possibly small images. Two items are highlighted with red boxes:

- Item 1 (Top): [Red box] [Image: person] [Text: ...]
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The rest of the page contains a dense list of other items, each with a small icon and a line of text. The text is too small to read accurately.

