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## Arthritis

### Testimonials:

**Denise:** "Earlier this year, I was having excruciating pain and needed a walker to help me get around. I had x-rays taken and I was diagnosed with severe arthritis in my back and hip. My doctor put me on Neurontin (gabapentin) but, the side effects were so terrible so I had to stop taking it.

Then my doctor prescribed Lyrica (pregabalin). The side effects from that medication were just as bad as the Neurontin so I had to stop taking that medication too.

My friend suggested I start taking 2 ounces of the Mangosteen and Minerals product with added Silica once a day. She told me that the silica would help with the production of collagen in my body. I started drinking this Mangosteen and Minerals with Silica product every day. In less than 2 weeks my pain went all the way down from a level 10 to a level 3 on scale of 1-10! The benefits I am experiencing from the Mangosteen and Minerals with Silica also includes no side effects from medications. I would hardly have believed that a completely all-natural product could have helped me so much with pain relief if I had not experienced it for myself."

*Denise*

**Joanne:** "A while ago I developed severe pain in my right knee and thigh. My doctor prescribed muscle relaxers, then Tramadol for pain. It was hard to walk, and sometimes my leg would almost give out. It became increasingly worse. I was unable to up the stairs normally, having to drag my right leg one step at a time. Even a curb became a painful obstacle. I was put on Vicodin for pain, which did nothing except make me drowsy. It was just awful. I had an ultrasound on my knee and an x-ray on my lower back and thigh. The results showed arthritis in my hip. I was sent to a pain management doctor since nothing was relieving my terrible pain. My doctor told me to get OTC Glucosamine Chondroitin, and to get a cortisone injection. After the initial Lanocaine wore off, the doctor said the cortisone shot would kick in, if it was going to work. It didn't. The pain came back and remained. I then started taking Ibuprofen, 800 mg. I still couldn't go up and down steps normally. I dealt with the horrible pain and inconvenience for a year. Then my daughter got me started on the Mangosteen and Minerals. After 2½ months, I discovered I could go upstairs in our house normally again ... and with NO pain! I stopped taking the Glucosamine pills. I cannot believe the tremendous difference the Mangosteen and Minerals has made in my life!"

*Joanne G. - Oceanside, CA*

**Lee Anne:** "I have been taking the mangosteen and mineral product now for about 8 weeks. After 1 week, my rheumatoid arthritis was so much better in my knees, that I didn't need to take steps 1 step at a time."

*Lee Ann - Missouri*

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TRIGLYCERIDES

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VIRUS

WEIGHT LOSS

**Ken & Debbie:** "Hello, we are Ken and Debbie from a small town in north Alabama called Grant. Both of us have been on the minerals and mangosteen for about nine weeks now and have had unbelievable results for the health problems that we each have." ...Ken, also, has multiple health problems. Ken has rheumatoid arthritis, ankylosing spondylitis, osteoarthritis, and osteoporosis. These diseases put Ken in a wheelchair 4 years ago. Ken has had 37 surgeries because of these diseases. The ankylosing spondylitis totally fused his neck when he was 38 years old, forced him out of the work force, and put him on total disability. Ken's daily regimen included 11 different medications. One of those 11 medications included 180 oxycodone pain pills a month to help him to be able to walk around and deal with the horrible pain that he experienced on a daily basis. He was also on a dangerous cancer medication that is being used to help treat rheumatoid arthritis called methotrexate. The methotrexate was a required medication for him to be able to take another arthritis treatment called Remicade. This is an IV that Ken would receive every 6 weeks to help control the pain and stiffness from his arthritic diseases. Ken was also on a blood thinner called Coumadin which is nothing more than rat poison. He had to go every six weeks and have blood drawn because of the high risk of all of these drugs killing his liver and other body organs. Ken started the mineral and mangosteen program about nine weeks ago and after about two weeks on the program he became totally pain free and drug free!"

*Ken & Debbie - Alabama*

**Mary:** "I was taking the following medications: Fosamax for osteoporosis in my legs - 1 pill a week Methrexate 5mg. - 4 pills at once, one time a week. Folic Acid - 1 pill every day for arthritis. None of this was helping me, until I started taking the minerals and mangosteen. I have quit all of the medicines, except for the Fosamax. I initially started taking Vemma in my orange juice once a day and in two weeks, I could see a lot of difference in the way I felt. All of my pain was just about gone. Every day I started feeling better and I now I am not in any pain at all. My hands were so bad I would close my hands and my fingers would close and lock, I would have to take each hand & pull my fingers open, and they had so much pain I wanted to cry. But now I have taken most of the 4 bottles of the minerals and mangosteen for two months and I am feeling great, no pain at all. Believe me, I know what pain is and I had enough of it, and I am so happy to be pain free so far. I will always take it."

*Mary - Indiana*

**Rita:** "Earlier this year I was suffering from extreme pain. When I could no longer take it, I went to my doctor, who ran several tests and took x-rays. I was diagnosed with arthritis. It manifested in my upper and lower back and my right hip. There were days that I could not even stand up when I got out of bed because my hip would lock up and I could not stand up straight. The doctor put me on 1800 mg of Neurotin and 200 mg of Celebrex a day but the pain persisted. A friend of mine from childhood had suggested that I try the mangosteen and minerals product. I was reluctant and kept putting him off. Finally after about 4 months, the pain was so bad, even though I was taking the medicine, I decided to try the mangosteen and minerals. I also have a very active lifestyle and was always tired and felt run down. After taking the mangosteen and minerals energy drink for one week, I stopped taking the Neurotin and Celebrex and the pain has been gone for almost 9 weeks and my energy level has increased! I am confident that the mangosteen and mineral energy drink was the cause. Now I recommend it to everyone I know!"

*Rita*

**Paulette:** "I just wanted to report that I think the mangosteen and minerals are really helping my arthritic knees. I've been taking about 6 oz per day (sometimes I miss a dose or 2) for around a month. Saturday we had to go to a wedding and my vanity set in. I really wanted to wear heels which normally I cannot at all without horrible pain and limping. I put them on and felt great the entire wedding and most of the reception dancing. I only took off the heels cause my feet hurt ... my knees were fine!

I haven't changed anything in my routine except adding the mangosteen and minerals. I had cortisone shots in both knees in July and my doc and I discussed knee replacement when I couldn't stand the pain any more. Hopefully this will continue and

that surgery can be held off for many years.”

*Paulette* - St. Charles, IL

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