

Vemma For Life

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Testimonials

More testimonials can be found in <http://mangosteenminerals.com/testimonials.html>

"I have never been on any medication for my **A.D.D.** throughout my life because I didn't want to be put on any pills that would alter my behavior or the way I feel. Now entering my 20's I have been on the Mangosteen and Minerals product for 5 months now and noticed that I am **able to stay focused** on my objectives or just a simple **conversation longer** and I can **take in the information better**. This product is not only helping my work life, but also life at school when paying attention to lectures. I used to drink a cup of coffee, or two, every morning to keep me awake and try to stay focused. I found that the Mangosteen and Minerals product worked best for me."

-Robert C.

"In July of 2008 I crossed paths with a dog who was a stray on the Indian Reservation near Casa Grande, AZ. She was extremely **malnourished**, looked very ill, and had no use of her front right leg. On 12-18-08 I drove to Casa Grande to pick her up. I was in agreement with my veterinarian that we would **amputate her front right leg**, let her recover and find her a home.

When I pulled up, she was curled up on a little rug that was wet and muddy and embedded into the ground. She looked more **emaciated** than she did in July, you could see every bone in her body and her front right leg was half the size of her left. She was covered in ticks, had 3 open sores on her front right paw, and an **open wound** the size of a quarter on each hip.

When I got her to my vet, she took one look and said she would never survive anesthesia to have her leg amputated. We **debated euthanasia** as we thought that would be the most humane action due to the severity of her condition and the long, expensive journey to recovery it would be.

I asked if we could try treatment to see what happens and my vet agreed. We did blood work and x-rays and the results were devastating. She had valley fever at the highest level it could reach, tick fever, heartworm, and protein loss through her urine. X-rays showed 3 vertebrae in her spine that were completely eaten away from the valley fever, and the bones in her front right paw were also badly eaten away from the valley fever.

She would frequently experience nose bleeds and weighed in at only 27 pounds. Even after all of the heart breaking results, I was not about to give up hope. In March of 2009 I **started giving her the Mangosteen and Minerals** product with the approval of 5 vets.

By now this sweet little fighter stole my heart and scored herself a home with me. Her name is Princess and she is every single bit of that name and then some! One short year later her heartworm is gone, her bones are all **significantly improved**, her valley fever and tick fever are almost gone, she is no longer losing protein through her urine or having nose bleeds, she weighs 45 pounds and still has all four legs!

I truly believe in my heart that the Mangosteen and Minerals product is what **saved Princess's life**, without it she would not be where she is at today."

Events Calendar

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-Melissa B

"I have been taking the mangosteen and mineral product now for about 8 weeks. After 1 week, my **rheumatoid arthritis** was so much better in my knees, that I didn't need to take steps 1 step at a time."

Lee Ann - Missouri

"Hello, we are Ken and Debbie from a small town in north Alabama called Grant. Both of us have been on the minerals and mangosteen for about nine weeks now and have had unbelievable results for the health problems that we each have." ...Ken, also, has multiple health problems. Ken has **rheumatoid arthritis, ankylosing spondylitis, osteoarthritis, and osteoporosis**. These diseases put Ken in a wheelchair 4 years ago. Ken has had **37 surgeries** because of these diseases. The ankylosing spondylitis totally fused his neck when he was 38 years old, forced him out of the work force, and put him on total disability. Ken's daily regimen included 11 different medications. One of those **11 medications** included 180 oxycodone pain pills a month to help him to be able to walk around and deal with the horrible pain that he experienced on a daily basis. He was also on a dangerous cancer medication that is being used to help treat rheumatoid arthritis called methotrexate. The methotrexate was a required medication for him to be able to take another arthritis treatment called Remicade. This is an IV that Ken would receive every 6 weeks to help control the pain and stiffness from his arthritic diseases. Ken was also on a blood thinner called Coumadin which is nothing more than rat poison. He had to go every six weeks and have blood drawn because of the high risk of all of these drugs killing his liver and other body organs. **Ken started the mineral and mangosteen program about nine weeks ago and after about two weeks on the program he became totally pain free and drug free!**"

Ken & Debbie - Alabama

"I was taking the following medications: Fosamax for **osteoporosis** in my legs-1 pill a week. Methrexate 5mg. - 4 pills at once, one time a week. Folic Acid - 1 pill every day for **arthritis**. None of this was helping me, until I started taking the minerals and mangosteen. I have quit all of the medicines, except for the Fosamax. I initially started taking Vemma in my orange juice once a day and in two weeks, I could see a lot of difference in the way I felt. All of my pain was just about gone. Every day I started feeling better and I now I am not in any pain at all. My hands were so bad I would close my hands and my fingers would close and lock, I would have to take each hand & pull my fingers open, and they had so much pain I wanted to cry. But now I have taken most of the 4 bottles of the **minerals and mangosteen for two months and I am feeling great, no pain at all**. Believe me, I know what pain is and I had enough of it, and I am so happy to be pain free so far. I will always take it."

Mary - Indiana

"Earlier this year I was suffering from extreme pain. When I could no longer take it, I went to my doctor, who ran several tests and took x-rays. I was diagnosed with **arthritis**. It manifested in my upper and lower back and my right hip. There were days that I could not even stand up when I got out of bed because my hip would lock up and I could not stand up straight. The doctor put me on 1800 mg of Neurotin and 200 mg of Celebrex a day but the pain persisted. A friend of mine from childhood had suggested that I try the mangosteen and minerals product. I was reluctant and kept putting him off. Finally after about 4 months, the pain was so bad, even though I was taking the medicine, I decided to try the mangosteen and minerals. I also have a very active lifestyle and was always tired and felt run down. **After taking the mangosteen and minerals energy drink for one week, I stopped taking the Neurotin and Celebrex and the pain has been gone** for almost 9 weeks and my energy level has increased! I am confident that the mangosteen and mineral energy drink was the cause. Now I recommend it to everyone I know!"

Rita

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Welcome to my blog

**E Lisa Leeja Lee**

Kuala Lumpur, Malaysia

Its amazing a dummy like me could create a blog, let alone make money online

:) But then again, all thanks to Dr. Ket, KW Choong, Moon Loh and all my Vemma Team Alpha members, anything is possible. Howdy!! am Lisa Leeja Lee, a Wealth Planner by profession. My life changed since I found Vemma and I truly believe that if I can do this, anyone can. Vemma products is the elixir of life and the system is unbelievably easy to follow and duplicate. To your Health & Wealth!

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"I have been fighting my **asthma** problem since I was in grade school. I have always tried natural remedies and had a little success with different herbs. **After taking the mangosteen and minerals product for just five months I feel like my asthma is gone.** I have never felt this good. I have a new outlook on life and for some reason my mind sees clear and I don't get as stressed out like I use to.."

Paul

"I overheard a conversation about the minerals & mangosteen while having a cup of coffee at a restaurant in Bloomington, Illinois. It peaked my interest. Gary came over to our home and shared the minerals & mangosteen product with me. **I love this product & I have the lowest blood pressure in years, feel great, and my PSA level dropped from 4.3 to 1.58. I am 74 years old and have numerous family and friends that could use a product like this!**"

Loren - Heyworth, Illinois

"Ever since I was around 35, my **cholesterol has run above 325.** It is due to my family history. My **triglycerides were also over 300.** I started taking Mangosteen and Minerals in May of 2009. I just got my bloodwork back from my doctor 3 weeks ago, and my **total cholesterol is down to 267 and triglycerides are 188.** I have changed nothing, other than starting on the Mangosteen and Minerals. This really works!! "

Doug

"Hi, my name is Joan. I'm a registered nurse in Fort Myers, Fl. I want to tell you about something that happened to me since I've been taking minerals and mangosteen. I'm really excited about it. In mid April my Dr. had the news for me that my **cholesterol was 296.** It usually runs around 230-240. At this time he decided to give me a prescription. Something told me not to fill the prescription and I didn't. May 5th I started taking minerals and mangosteen and when he rechecked me in mid July, my **cholesterol had dropped 70 points.** I did not exercise. I did not change my diet. I know it was the minerals and mangosteen. I'm really excited about it and I'll be taking it for the rest of my life!"

Joan - Florida

"I went to my doctor for blood work on 5-12-05. My **cholesterol was 242.** LDL was 165. HDL was 51. My doctor wanted to give me 20mg of Lipitor. I refused and said I would take care of it myself. I doubled the dosage to 4 oz instead of 2 oz. I had blood work done again on 9-22-05. I had a follow up visit with my doctor to discuss the results. My **cholesterol went down to 175.** LDL went down to 112. HDL went down to 40. My doctor told me whatever I was doing to keep doing it."

Bob - Pennsylvania

"The biggest improvement is my cholesterol reading. My **trygilcerides dropped 84 points and my total cholesterol dropped 13 points in just the 4 weeks** I have been on it when I got my blood tested."

Lee Ann - Missouri

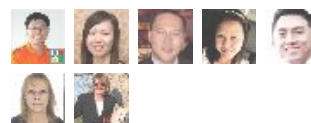
"In early 1997 I had **quadruple bypass surgery** and have seen a cardiologist regularly since then. In March 2005 I had my regular blood work completed as indicated below. My cardiologist felt that several tests were necessary which led to a heart catherization. Since I

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have some heart damage, my cardiologist has placed me on Coreg and Lisinopril to control blood pressure and Lipitor to control cholesterol.

I began using the mangosteen and mineral products June 6, 2005 and the results of my July 1, 2005 blood tests are shown below. Note the improvement in overall cholesterol, LDL, and Tryglycerides. My HDL remained the same. On July 8 I met with my cardiologist. He noted my improvement along with an 8 lb weight-loss, but was concerned that my blood pressure was slightly elevated (154/78). After providing him with some information about the mangosteen and mineral products, he suggested raising the Coreg and Lisinopril and using the the mangosteen and mineral products instead of the 40mg of Lipitor...for three months. I thanked him for this plan and will follow up with new blood tests in early October. I feel like an on-going testimony. Blood Draw Dates:

March 8, 2005 & July 1, 2005

Began Using Mangosteen & Minerals June 6, 2005

Cholesterol 165 to 139 LDL 110 to 91

Tryglycerides 110 to 74

PS: My cardiologist was skeptical, but interested in the mangosteen and mineral products. If I continue to improve without the Lipitor, I'll likely get his support. Perhaps he'll even start prescribing and using the product himself."

Jim - Indiana

"Paul, I got your message asking if I'd share some specifics on my lab results since starting mangosteen and minerals. Feel free to take a look at the following information and share it with anyone who might like to take a look.

When you listen to the Dr. Edwards CD, it mentions that many of the **health improvements from taking mangosteen and minerals can be documented by actually lab results.**

This has definitely been the case with me. I had a complete set of labs done at the National Institute of Health a week before I started taking Mangosteen & Minerals, a second set of labs 3 weeks after starting Mangosteen & Minerals and a third set of labs last Friday (7 weeks after starting Mangosteen & Minerals).

After looking my labs over last Friday two different physicians at NIH asked me, "What have you be doing differently the last six weeks?" Both of them were shocked at the improvement in my labs. Here's some of the changes since I started Mangosteen & Minerals:

The first thing I noticed ... and the change I'm most thrilled about ... is I've had a very noticeable increase in my energy level. Ever since I had pneumonia in 1995, I've suffer from **AIDS related fatigue**. I've felt like someone "unplugged" me about 2-3pm, and I've needed a nap almost daily. Within 10 days of starting Mangosteen & Minerals, I noticed I wasn't running out of steam mid-afternoon, and I haven't had a nap in 6 weeks.

Here's a few of the changes in my labs:

My triglycerides have gone from 292 down to 201 My HDL (good cholesterol) is up from 25 to 42 a Huge improvement My cholesterol is down from 234 to 217.

Note: Two weeks before starting Mangosteen & Minerals, my Lipid Physician took me off Crestor and Tricor because my liver was definitely suffering overkill from processing both those drugs in addition to all my HIV meds ... He left me on Omacor (prescription fish oil) and Zetia. He told me to expect an increase in my cholesterol and triglycerides since I was stopping Crestor and Tricor. However, instead of going up, both actually decreased after I started mangosteen and minerals.

My hemoglobin is up from 11.4 to 13.1 My Creatine level is down from 827 to 257 Glucose down from 105 to 99 My Blood Pressure is down 10-15 points Alanine Aminotransferase down from 171 to 94 Bilirubin Total down from 1.5 to .9 Bilirubin Direct down from .3 to .2 Aspartate down from 157 to 66 Lactate Dehydrogenase down from 234 to 186.

I'm in two different studies at NIH and the newest one is a study at dealing with liver

damage suffered by most people who have been on HIV meds for a number of years. My liver function tests have been significantly higher than normal for several years. Since starting mangosteen and minerals, there has been **significant improvements in almost all my liver function** labs ... most of my liver function tests went from being in the "High" into the "Normal" range.

These are only some of my lab results from NIH. Glancing at the complete list of results it's clear there is distinct improvement in many areas and at least minor improvement in practically everything tested. All I can say is, "HAVE YOU HAD YOUR SHOT TODAY?"..."
Don

"I was diagnosed with **Crohn's Disease** in 2002. My doctors explained that this disease would never go away; I'd have to spend the rest of my life on immune suppressive drugs to slow down the progression of the disease, and that many Crohn's patients end up having chunks of the damaged intestine surgically removed.

Every day I'd feel nauseous and would have severe abdominal cramping. My body functions were unpredictable, and many times I'd have embarrassing accidents. I had no energy, and spent most days curled up on the couch in pain. I associated food with pain, so if I ate at all, it would be something soft like mashed potatoes or broth.

As a mother of five, I enjoyed volunteering in school, and eventually became a substitute education assistant. As my disease became worse, I eventually had to give up these things that I enjoyed so much because I was just too sick. I had to avoid my kids when they were sick because the medications I was taking depleted my immune system. My kids took care of me more often than I was able to care of them.

The medications I had to take all had horrible side effects. One gave me side aches; another landed me in the hospital for a week and made my hair fall out. After two years of trying one med after another, I made a personal decision to discontinue use of pharmaceutical medications because I felt that the side effects were worse than the disease itself.

In 2005 someone suggested I try Mangosteen & Minerals. A short time after drinking my first 2oz shot, I noticed the nausea and cramping began to subside. I continued to take the product, and each day I continued to feel better. Eventually my body functions became normal again. My energy level increased, my hair started growing back, and I was able to start eating real food again.

In 2008 I went back to my doctors to tell them what had happened for me since taking Mangosteen & Minerals. They immediately ran a CT scan on my abdomen and did some blood work. **All of my tests showed that there was no sign of disease in my body.**

I never really thought about nutrition or supplementation. Now that I've seen what's happened in my body, I realize how important it is!

I can't say how grateful I am to have discovered Mangosteen & Minerals! I've got the quality of my life back, I'm able to eat whatever I want, and my energy is through the roof! It's SO GOOD to feel good again!

-Lori

"In June 2005, I was diagnosed with **Crohn's disease**. For the next 2 1/2 years I was on three different (very expensive) medicines, but could not get complete control of the disease. Then I was introduced to the mangosteen and mineral product by a friend in January 2008. I started taking the mangosteen and minerals and within 6 weeks began to see great improvement. In about 3 months I went into remission and have been in remission ever since. My last colonoscopy in February 2009 showed approximately an 85% improvement since the last one I had in 2005. I really believe in the mangosteen and mineral product. I am taking it twice a day, just to be doubly insured! I really do believe the mangosteen and aloe, plus the other ingredients have had a **tremendous healing effect on the inflammatory condition of my Crohn's.**"

-Carolyn

"I have two health issues, **type 2 diabetic and Multiple Sclerosis**. I began taking minerals and mangosteen Nov.2008. My A1C was 9.6 and I was taking the highest dose of medication possible and exercising 1 hr. per day. My blood sugar level was remaining in the higher level, but as of June 2009 (8 months) my A1C is 6.8. Most days my blood sugar level is in the 80-120s. I believe the minerals and mangosteen has made a difference in my blood sugar level because I have not been able to exercise as much because of the MS.

The most amazing benefit is how soon I noticed the effect it has had with the MS. I was diagnosed Oct. (2006) after having problems with my eyes and other problems associated with MS. The MS had spread from the brain down my spine. I started steroid treatments immediately and (Betaseron) shots every other day. I would have severe flare up for the next 2 yrs causing me to be hospitalized for several days at a time. The next treatment was in Feb.2009, I had 4 days of treatment at (treatment center) not the hospital. During the 2009 yr I would have flare ups that would last for less than 48 hrs (that means no treatments)! I have now gone one year between treatments (Feb.2010). As I stated above, I started taking the minerals and mangosteen on Nov. 2008 and take 4oz of minerals and mangosteen per day. **It is hard to believe that 4oz of minerals and mangosteen could change my life but it has."**

Mike

"I used to get three to four **severe migraines** a month. I've been getting these since I was around 10 years old. These were the full-blown aura and vomit inducing kind. Some would last for days. I've been to many doctors and nobody has a definite answer to it. The only answer that all of them had has been to prescribe some medication and that was that. I have grown up watching my mother suffer from these same migraines. She is frequently in the hospital emergency room or self-inducing Imitrex shots. I decided a long time ago that I would not take medications. They are not the solution. Two months ago I was introduced to mangosteen. **Ever since then I have not had a single episode.** I had my mother start taking it as well and she also has not had one since either."

Brett

"I started taking the minerals & mangosteen a few months ago and it **helped me tremendously with over all energy**. I have 3 kids and run a business(salon) and also work as a stylist there. My 5 year old always had dark circles under her eyes so I thought I would give it a try with her especially since it was liquid and she could swallow it. She loved the taste and after a few weeks the circles went away. I also give it to my 22 month old and she loves it. She flaps her arms in the morning for it. They both go to the same daycare and lately the whole daycare has been sick, both the kids and the teachers. They have not gotten sick since they have been taking the minerals & mangosteen. My 13 year old also takes it and it helps her with energy as she plays on a fast-pitch softball team that travels. I think it's great for adults but also great for children because they can swallow it and it's actually nutritious. Children's vitamins these days are just glorified candy. So, that's my testimonial about the minerals & mangosteen, me and my children will keep taking it!!"

Jennifer

"Hi, this is Sally from La Mesa, Ca. Over the past five years, I've had **five surgeries**. The last one being when I broke my leg last summer. I had multiple fractures of the tibial plateau. I dislodged the ACL with the bone still attached. The surgery was very, very devastating. The recovery was very hard on me. It took a lot of energy. I was in a wheelchair for a very long time. I started using the mineral and mangosteen products and was able to get my energy back and my recovery sped up. In fact, my M.D. told me that I was **recovering in half the time of anybody half my age**. I was really excited about that. The recovery was going along quite nicely. Then, unfortunately, when I was on the road I picked up some **e-coli poisoning**. That just really nailed my energy. I lost fourteen lbs. in four days. I mean I was totally zapped. I started doubling up on the minerals and mangosteen and that got me back up on my feet. I was able to drive my motor home back home after suffering such a devastating challenge with the e-coli. After I got back home I got back in the pool and

started doing physical therapy for my leg again. Because of the minerals and mangosteen, my physical therapy turned into workouts. **I've just gotten so much energy back and I feel so great I was able to qualify for the Senior Olympics next month. I just thank the mineral and mangosteen products for giving me my health and my energy back. I just wouldn't know what to do with out it!"**

Sally - California

"I'm Sue, from Las Vegas. I started taking the minerals and mangosteen about 6 months ago. I love the taste and take it everyday. My better half didn't start taking it until about 4 months ago. Well, let me tell you, he can't do without it. He works for McCarran Airport and gets up all hrs of the morning, 3, 4 or 5 am. The one thing he makes sure before leaving the house is that he's taken his minerals and mangosteen. He swears by it. He says that he **has more energy, he's more alert and can concentrate much better. All the aches and sore joints are no longer there, plus he sleeps much better every evening.** His daily diet of fruits & veggies wasn't there, but taking minerals and mangosteen has helped him get the Minerals & Vitamins that he's been missing. We both agreed now that we will tell all our family & friends about this unbelievable drink and what it does to you physically & mentally. Thank You so much!"

Sue - Nevada

"Another good day...I am in remission from **bone cancer of Non-Hodgkins Lymphoma, with that I lost a hip and have a damaged right kidney**, all that occurred in 2004. I am now in my early 50's. After months of exhaustive chemo therapy then multiple kidney operations I was worn out. **Within the first month of taking the mangosteen and mineral products, my energy level increased.** Like all worthwhile things, that increased vitality went to all around better living. I felt vibrant after a year of being battered by multiple illness. I stopped taking the minerals and mangosteen and within a month I felt a downward slide. It didn't take long before I received more the minerals and mangosteen and once again I felt vibrant. As chemo patients know we frequently cannot mix other vitamins, minerals or drugs while going through chemo. **I recommend the minerals and mangosteen vitamins mixture to all cancer patients immediately after chemo has stopped or as soon as your doctor allows additional vitamins and minerals. When I think of these products I think of a vibrant life."**

Hollie

"Four months ago, I was barely able to function physically in terms of everyday tasks, like house cleaning, grocery shopping, working my home business and singing on the praise and worship team at my church. This was due to a **heart condition** that can no longer be effectively treated with the traditional drug therapy or corrective surgery as it once had 6 years ago. My friend, Leanne, introduced me to the minerals & mangosteen, I had already tried every natural remedy imaginable and had seen dozens of physicians & many alternative health care practitioners. Thousands of out-of-pocket dollars had been spent and I felt it couldn't hurt to try "one more thing". **After my first day taking it, I had 12- 14 hours of mental clarity. Plus my energy was remarkably improved.** At first, I thought it might be a fluke and that it would not last. Thankfully I was wrong! Within that first week of my taking the minerals & mangosteen, my heartburn (Acid Reflux) and my **fatigue was gone.** My Husband tried Mangosteen & Minerals and said it tasted too good to be vitamins. His mental clarity, plus his energy level increased tremendously within his first few days on the product and he is very healthy overall. Now, neither of us will travel or leave home without it! I was so impressed, that I started telling people I knew who had struggled with chronic illness. At first, to help Leanne. But shortly, I realized I was helping myself with a great business opportunity and improving health!"

Andi

"I stumbled into mangosteen as I was browsing through the Internet. Mangosteen is known to me since childhood, and I haven't seen them anywhere in the US. It intrigued me. One thing led to another and I ordered the product. I noticed the energy it gave me, and yet I

only took one "shot" a day. **I can continue work without taking a break after lunch.**"

Esther

"My sister-in-law has had several **mini-strokes over the past few years and has some paralysis**. I introduced her to the minerals & mangosteen and we have had nothing but rave reviews from her. She also has **diabetes and bone mass loss**. Since taking the minerals & mangosteen, she has **noticed an increase in her energy level, not as tired** as she used to be. Her **blood pressure and diabetes (blood sugar count) has been dropping monthly**. She fell in church the week before Easter and broke her leg in two places. She had to have surgery and go into a rehab center for three weeks. She was totally worn out and needless to say feeling tired in the rehab center. When her doctor asked her what he could do to pickup her spirit, she told him she had not had her minerals & mangosteen in 7 days and she insisted it be put in her room in a cooler so she would not miss it another day. My brother fixed a cooler up and within a couple of days she was feeling great!"

Janet –VA

"My wife & I frequently have lunch at a local Coffee house in Howell, New Jersey and some time ago I had introduced this great waitress, Carleen to our Minerals and Mangosteen. A week after talking them she reported that she had become a **DYNAMO of energy** & where she normally would need a nap in the afternoon, she now found herself not taking naps. In fact, she found herself working relentlessly on home projects with renewed energy. She was ecstatic, smiling and "beaming" when she told me about the results! A few months later she did not re-order & when I came in for lunch she reported taking naps again. She walked over to me, with her credit card in hand, placed it on the table and said, "I need you to put me on automatic monthly auto-ship. Gotta have my Mangosteen!"

John – New Jersey

"Hi, my name is David and I live in Redding, Ca. I have a story about the minerals and mangosteen combination that is a flat out miracle for me. I was a **hard core long term drug abuser for over 25 years**. Thankfully, that part of my life is behind me. However, as a result of the prolonged drug use, I was only able to sleep for two and a half maybe three hours tops and that was only if I was 100% exhausted. In addition, I would always wake up and although I really had no trouble going back to sleep it left me feeling **fatigued and tired**. I thought it was a condition I would have for the rest of my life. I began using the minerals and mangosteen combination approximately one month ago and within two weeks I slept five hours one night. Now it may not be a miracle to you but **it's a flat out miracle to me. I'm so grateful, it has given me my life back!**"

David - California

"5 weeks of using the minerals & mangosteen and my AST and ALT **liver enzyme levels have dropped** for the first time in 3 years. My **cholesterol went down 20 points** and I lost 12 pounds from a change of eating habits due to **reduced cravings**. I am no longer using a CPAP machine for Sleep Apnea. I also have more energy."

Scott - Bloomington, Illinois

"I was diagnosed 15 years ago with **Polycystic Kidney Disease** after many tests to try and find out why my blood pressure was so high. I would pass out. When the doctor found out what was going on we started a process of elimination, trying to find a medication to control my blood pressure without so many side effects. We finally came up with 2 that somewhat helped but they had side effects. For the past 15 years my blood pressure has been about 155 over 100. That was really high but it was the best we could do. I was introduced to the mangosteen and minerals product and after 3 months on the product I made an appointment with my doctor to get a check-up. He and I were **amazed at the drop in my blood pressure in just 3 months with just taking the product**. My blood pressure now is averaging around 115 over 70 and I feel so much better."

-Brian, North Carolina

"For 5 years I took an antihistamine and decongestant to battle **severe allergies**. At the time I was unaware of the study that a large percentage of men who have a prolonged use of the antihistamines will suffer **prostate problems**. Unfortunately, I became one of these men experiencing symptoms at the age of 38. After two surgeries and years of antibiotics, I still suffered from chronic prostatitis (swollen prostate) which in turn caused **continuous bladder infections**. Inflammation of the prostate was the underlying cause of these reoccurring symptoms. I took Vioxx and Celebrex until they were withdrawn from the market. I then used 1600 mg. of ibuprofen per day. This helped greatly but caused stomach irritation... I have now been on the product for 8 months and have been off all antibiotics and ibuprofen. In addition I no longer get up 5 to 6 times per night to urinate which allows me better rest. At 43, I am **symptom free for the first time in 5 years**. For me, the minerals and mangosteen have literally changed my life and health."

Jeff - Illinois

"The minerals & mangosteen have changed my life since May 16th, 2005. Not only have I seen a reduction in my **blood sugars** but I have noticeable improvement in a **foot fungus** I have fought for years. I am most excited about what the minerals & mangosteen has done for my **chronic prostatitis**. On May 15th my daughter and her husband had us meet to hear more about the minerals & mangosteen. They were very excited to share this amazing product with us. I was plagued with sleepless nights from frequent urination along with repeated bladder infections. Since January 2005, I have been on 4 different antibiotics to rid myself of the bladder infection only to face an immediate return of the infection. My last prescription was Leviquin which cost me \$81.97 (out of pocket expense) for a 7 day supply. **Since using the minerals & mangosteen, I have not used an antibiotic nor am I bothered with frequent urination! All of these results with the minerals & mangosteen product costing me far less than my prescription medications.**"

Robert - Decatur, Illinois

"I have suffered from **Psoriasis** for over 15 years, tried topical medication, which did not work. The only medication that helped me was an oral drug called methotrexate, which destroys the liver. The only way I can take the drug was to have regular liver biopsies. I made the decision not to take the drug anymore. I would rather suffer with the itchiness and scaly condition. Then a friend of mine introduced my husband and me to the minerals and mangosteen product, I had tried another vitamin manufacturer who CLAIMED it would take care of it (at \$120.00 a month). It failed miserably. I was skeptical because of previous experience, but my husband said we should try it, and took a picture of my forehead for comparison. **After drinking my shot in the morning I took the residue that was on the glass and put it on my forehead and eyebrows in three weeks you can see the difference.** I am sold I know that it will take a while longer to help with my severe areas and they are starting to lighten also. Now my husband is marketing the product!."

Aristia - Connecticut

"In August I was given a card from a dear family friend, Ann R. Ann had just started taking mangosteen and minerals, and shared some information with me because she noticed my 3 yr. old, Raymond's eczema. I believe that the timing of receiving Vickie's name in relation to the mangosteen and minerals could not have been more divine. My son, Raymond has **severe eczema**, and has a severe allergy to peanuts, and **reactive airway disease**, my mother and I have tried anything and everything, and even taking him to an allergist was not offering any solutions. I immediately ordered a one pack. I also was looking for something, because I myself have struggled with fatigue (working part time nights as a Mother Baby Care Nurse, so that my husband could be with our three boys at night, and I would care for them during the day, they are now 6, 3 and 1. I have worked nights since Aug. of 2000.) I have also struggle with anxiety, and depression but have tried many different products trying to avoid getting on an antidepressant. (I even quit my job as a nurse completely in 2006 when I was expecting my 3rd son, because I just felt like I couldn't be a mother and wife and a nurse, and deal with reality, but went back Jan. 2007) I was introduced to mangosteen and minerals in 2004 by a friend and ordered the product Xango, but I was still taking a multivitamin, sometimes Melalucea from my mom, and also Juice plus. (I ordered the gummies from juice plus for my kids, they would devour the fruit, but not touch the veggie,

and I would be left to eat all of them.) I ran out of everything in Aug., just as Ann gave me some info. About mangosteen and minerals. Vickie spent countless conversations praying for me that this product would help me and my son, and she has been generous in mailing me pamphlets, etc.! I am so thankful for Vickie, and also for her having MJ contact me, who has also been a huge source of guidance.

I had **sinus surgery** in 2002 due to constantly having sinus infections, and a deviated septum, and constantly being on antibiotics. The surgery definitely has improved the quality of my life, but I still struggled with feeling sick, and having occasional infections. This last summer I was sick every month, June, July and August, and on antibiotics, every month. August I was at the end of my rope, and beginning mangosteen and minerals has been **nothing short of a miracle**. After a couple of weeks I noticed an amazing difference in my energy level, and a clarity, and a new optimism, a hope and giddiness, an excitement about life that I only felt in fleeting moments...but this time it felt sustained. I have also noticed that I am so much calmer...I would worry and fret about going to work the day before, and dwell on the smallest of things (OCD). Mangosteen and minerals has saved me from getting on any medication for depression or for OCD, and anxiety. I also would wake up every day feeling achy and wanting to rush down to our chiropractors...but I don't feel this need on a daily basis like I did for years. **Mangosteen and minerals has changed my life. I feel like I am a happier mother, wife, nurse, individual.** I have a testimony of the reality of a loving Heavenly Father and in His Son Jesus Christ and in the Holy Spirit that cares about us personally, and I thank you and Dr. Yibing Wong for the miracle of Mangosteen and minerals...and I now have a testimony. My son's eczema has also improved, although I do struggle with getting him to take it for me on a daily basis, so I am working on being creative. I pray that I will be able to take this product for the rest of my life, and share it with all that I know, in hopes that others will benefit in whatever ways they are searching, hoping and praying for. I just wanted to thank you for saving and changing my life.

With the utmost gratitude and appreciation"

Rachael E.

"...my 2 year old granddaughter, whom I was given the privilege to look after for nine months while her parents were deployed, awakened with a **real bad cold and a fever**. You could here it rattle on her chest as she breathed. My wife told me to give her some Tylenol and call her at work and let her know so she could take her to the doctor. Well I guess you know what I gave her. Her fever broke in about two hours. I dosed her again before bed time. The next day the rattling on her chest was gone. **I myself have been truly blessed to witness first hand what the mangosteen and minerals can do.**

Clyde G.

"I "My uncle who has a **leg problem**, walks with a cane. Finally after a month of begging him, he has tried this amazing product. It's been three weeks. He said his **leg pain has gone**. Whom ever reads this... I want to let you know this really happened."

Clyde

"My name is TW and I had been living in the great state of Montana for 30 years. I fished, hunted and lived, what I considered, a fairly healthy lifestyle. In 1994 my life was changed dramatically from a **work related accident in which I broke my neck**. Due to the nature of the injury there were misdiagnoses and treatments that made the situation worse. After 2 years of intense pain, I had deteriorated emotionally and physically to the point that I had a mental breakdown and had to be admitted to a psychiatric ward. A proper diagnosis was determined and surgery. By this time I had **chronic pain in my neck, back, shoulder, migraine headaches, and severe depression**. A series of medications was given and as I took these medications other symptoms arose. The list of medications started out with a few and grew into a list of about 16 different medications. There were 3 different anti depressants at one time, several morphine derivatives, more pain killers, and the list goes on. I was consuming pain killers like candy. Other symptoms appeared from the amount of drugs I was taking and by body was breaking down. I had intestinal problems, suppressed appetite, extreme inflammation, periodontal disease and severe sleep disorder. This went on for many years until my depression was so bad that I was suicidal. I was walking and

living but I was numb to everyone. I was reclusive and distant to the people I loved. I knew I had to do something different or die. I began trying to build my body up with herbs, vitamins, enzymes, blood type diet, B12 shots, seeing natural doctors. I was able to wean myself off most of the medications so I was getting some results but my body was so depleted and toxic from these medications and not eating well. To top all this off, I have a near heart attack and find out that I had an almost complete blockage in the left ascending coronary artery. I had it repaired and was recovering but was so weak and my depression was taking over again. I felt like I was not going to make it in this world very much longer nor did I have the strength to fight any longer. Then one day a lady named Cassandra walked up my driveway, handed me a box of minerals and mangosteen and **my life has changed forever. I would say that the first results were within 1 week. It was as if someone had turned the lights on. It has been a quick process of recovery. I have no depression, good energy and a joy for living that I hardly remembered existed. My worst symptoms are improving every day and my family says I have done a 360 degree turnaround. My whole being is being healed, physically, emotionally, and spiritually. I love myself and life is a big adventure. I can't believe how easy the process was. Thank you minerals and mangosteen. I prayed for years for help. In 3 months you have changed my life!**"

T.W. - Arizona

"Hi, my name is Lori from central Pennsylvania, I'm really happy to tell my story because so many women suffer from **urinary tract infections**. Once in a while I develop a UTI and if you have ever had one you know exactly what it is. It is a very painful sensation with extreme pressure. Using antibiotics for ten days is about the only way to get rid of it. Well, I'd been using minerals and mangosteen for a few months but one Sunday morning I woke up with the symptoms. I had been reading some research that showed that minerals and mangosteen was effective against many forms of bacteria so I decided to see if the mangosteen would help with my problem. I didn't know exactly how much to use so I started out with two oz. of the minerals and mangosteen followed by a large glass of water. Then I had breakfast and about one hour later I had another 2 oz. followed by water. Soon after that I realized I had no more pain whatever and the frequency was greatly reduced. At lunch time I had another oz., another oz. in mid afternoon and another oz. in the evening. I really saturated myself with the product. **The symptoms were completely gone in the first sixty minutes.** Just to make sure it didn't come back, I took three or four oz. the next day. However I really felt like it had done the trick in the first few hours. Now anytime something like that comes up I know what to do. I just use a whole lot of the minerals and mangosteen juice throughout the day. It works. This stuff is powerful!"

Lori - Pennsylvania



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