

Testimonials

“A vitamin supplement that has increased my energy levels, lowered my blood glucose levels and made my skin look a bit younger! Check it out! I believe that it is helping with the diabetes...there is some info on it helping Type 2 diabetes, but not specifically Type 1, but my glucose control is better, and I can tell on the days that I forget to take Vemma, that my sugar is a bit higher....I avoid scales as well, but think I have lost a bit of weight on it.”

- L, Canada

“Hi, I just wanted to tell you that both Leo and I are using the Vemma daily. I just order 2 more cases so that we both can continue. I have to say, both of us are feeling really good since starting it. I am finding that I have more energy. I am not having hot flashes nearly as bad and I am sleeping better. :) Plus it tastes good! We are both feeling happy with it. Leo uses the Vemma PM at times. He just gave a couple to a coworker who is not sleeping well to try. Anyway, I just wanted to tell you that I am feeling some real positive effects. Thanks!!”

-CDS, CA

“Tried VeMMA PM to see if I would sleep better and was pleasantly surprised. I slept soundly for 7 hours, waking only once and falling right back to sleep. I woke up totally refreshed and ready to get started-again a very pleasant surprise. I wasn't groggy or tired. I will use it when I travel overseas.”

-KH, KS

“I have not used ambien since starting Vemma PM. I still take a long time to fall asleep. I have just always been that way. I will cut it down to 1/2 bottle tonight and see what happens. I am very happy to get off ambien. “

-CF, KS

“I didn't have any trouble going to sleep last night...feels like I drifted off right away and I noticed when I woke up the next morning that I didn't NEED my cup of coffee to get going. In fact, I felt energized and ready to get up when I woke up! Was a great feeling...on a scale of 10, it would be 10 out of 10!!” -Julie

“Used it last nite and I went to sleep at 10 and did not get up til 6 this morning. I usually am up and down every couple of hours and I did feel rested for once. ” – JM, CO

“I have had very rare incidences of sleep issues myself, so I am most interested in helping other folks who may be fighting this battle. I would normally wake up feeling rested after 6 to 7 hours of sleep. My first night trying Vemma PM at bedtime, I woke up after 4-1/2 hours and felt pretty wide awake for the next 90 min to 2 hours after that. Next night was similar, however I think I slept 5 hours and seemed to sleep more deeply than normal both nights. I was not nearly as tired as I would have expected from the short nights, indicating likelihood

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that sleep quality was enhanced due to formulation of the Vemma PM. I have tried a 1 oz serving for a couple of nights and had good results. Still experimenting and interested in results found by other folks."

-BG, KS

I've been on VeMMA about two and a half years. I was introduced to the product by Libby who was giving a Sports Performance and Nutrition talk that I attended. I was a glucosamine/chondroitin "junkie" and my knees were starting to hurt a lot. In fact, I'd signed up for one Iron Man in Arizona thinking it would be my only one since my body wasn't up to the long training. I was interested in the properties of VeMMA- the natural anti-inflammatory properties, the liquid form, and the other components that I believed would help me recover faster. My typical regime is 2oz of VeMMA in the morning, a Verve or Thirst during the day, and then another 2oz of VeMMA at bedtime.

MY KNEES ARE NOT HURTING! YEA! In fact, not only did I do that Iron Man in Arizona, but I've done it TWICE and have signed up for another one next year in Texas. I don't have any cramping during my events and even after my 1/2 Iron Man yesterday I'm only slightly sore. I'm amazed at how fast I recover.*

-LC, KS

I've been using VeMMA since November of 2006. I started using VeMMA because I realized that my health is NOT what it had been and I was concerned. I had developed pain in my hands accompanied with swelling and redness around the joints. I never had it diagnosed, but I'm pretty sure it was arthritis. Although I tried over the counter medications for the pain, it didn't really help the cause of the pain. I was excited about the anti-inflammatory properties of VeMMA especially since when you listen to the disclaimers and warnings about other medications on TV they sound worse than anything I was experiencing at the time. Additionally, I thought that taking 2 ounces a day seemed pretty easy!

I got some pretty amazing results with my pain and energy levels. I think everyone should be on VeMMA if they are at all concerned about their health. It's so important for them to realize that they need to address causes of issues not the symptoms.

- ML, KS

I have had back issues for years, got headaches a lot and took motrin EVERYDAY. When I heard about the anti-inflammatory properties I thought that maybe VeMMA would help my back pain so I decided to try it. And I can honestly say that it's helped more than I ever expected.

It's easy to use. I appreciate all the different delivery systems-VeMMA, Verve, Thirst. I drink and enjoy all of them.

When I first started with VeMMA, I simply used and enjoyed the benefits of the product. In the last 4-5 months, with the economy downturn, I took a closer look at this industry and decided to jump in with both feet. As a business owner the thought of having a business with NO paper work, NO tedious chores like calculating sales tax, NOT having to ship the product myself, a FREE website, awesome tax benefits, and getting paid every week- working my VeMMA business is a no-brainer.

These products are not intended to diagnose, cure, treat, or prevent any disease. These statements have not been evaluated by the Food and Drug Administration.

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