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## Evening Primrose Oil

When we decided to add chocolate to our product line, we were disappointed that we couldn't find a high quality raw organic oil on the market. Most of the oil out there is refined, produced at high temperatures, or not fresh. So we decided to make our own, using a simple organic process that ensures high quality.

We use a low-volume industrial oil press, which produces only about 50 pounds per hour. Our vegan, raw, organic oils never exceed 90 to 115 degrees, meaning that they retain their nutritional vitality. We refrigerate our oil right after we make it, and it is freshness-dated and freshly shipped, ensuring that it reaches your door in an optimal state.

We don't think you'll find a better or purer Evening Primrose Oil on the market today. Our organic oil is made from the finest quality raw, cold processed, organic fresh pressed evening primrose seeds available.

Evening Primrose Oil has become quite popular in recent years – and for excellent reason. Evening primrose, a small yellow wildflower found in North America, Europe and parts of Asia, has been used as a medicine for centuries.\* The oil, pressed from the plant's seeds, is rich in gamma-linoleic acid (GLA), an essential fatty acid that exerts anti-inflammatory and other healing actions. While GLA is available in small amounts in various foods, evening primrose oil boasts an unusually concentrated source. The body converts GLAs into prostaglandins, hormone-like compounds that help regulate various body functions.

### Natural help for PMS

Experts say that Evening Primrose Oil can help women alleviate symptoms of PMS. Evening Primrose Oil has been popular for years in Europe for this reason; many American women are beginning to use it for this reason as well. The GLA in Evening Primrose Oil interferes with the production of inflammatory prostaglandins that are released during menstruation, thereby lessening menstrual cramps. PMS sufferers often are found to have low levels of GLA in their bodies, which is why medical professionals



1/2 oz: \$4.56

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1 oz: \$8.00

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2 oz: \$13.00

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4 oz: \$22.33

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8 oz: \$40.29

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16 oz: \$76.18

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32 oz: \$147.89

think Evening Primrose Oil can help so much. Evening Primrose Oil may also reduce premenstrual breast tenderness, carbohydrate cravings and irritable bowel flare-ups.

1 **Order**

Gallon: \$564.22

### Numerous other health benefits

1 **Order**

Here are a few of the health benefits that many experts say Evening Primrose Oil can bring people:

- **lessen joint pain and reduce swelling caused by rheumatoid arthritis.** The anti-inflammatory properties of Evening Primrose Oil may provide significant benefit to rheumatoid arthritis sufferers.
- **nourish hair, scalp and nails.** The essential fatty acids found in Evening Primrose Oil can prevent cracking of nails and improve their overall health. The oil is also thought to be useful for a number of different hair problems.
- **fight the effects of aging.** As we age, we lose the ability to convert dietary fats into GLA. Evening Primrose Oil can help compensate for the loss of GLA.
- **reduce impotence and female infertility.** The GLA in Evening Primrose Oil promotes blood flow, an important factor in treating male impotence. Evening Primrose Oil is also said by some to improve uterine function, and as a result may help women who are trying to conceive.
- **prevent and in some cases reverse diabetes-associated nerve damage.** One year-long study showed that numbness, tingling and loss of sensation in patients with mild diabetic neuropathy were less marked in people who took Evening Primrose Oil than in those who took a placebo.
- **fight damage caused by multiple sclerosis.** The essential fatty acids in Evening Primrose Oil may minimize inflammation caused by this progressive nerve disorder. Taken over time, the essential fatty acids may also help lead to healthy nerve development.
- **reduce the symptoms of eczema.** Eczema, a condition of dry, irritated skin also known as dermatitis, may be alleviated by consuming extra GLA via Evening Primrose Oil.

(Health benefits adapted from wholehealthmd.com)

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.\**

### Ingredients:

Raw, cold processed, organic, fresh pressed evening primrose seeds.

Raw & Unrefined!  
Free of trans fats  
Cold processed  
100% Organic

### Suggested uses:

Raw Evening Primrose Oil is normally used, as a daily supplement for women, in small quantities such as a teaspoon or less. This may be the only Evening Primrose Oil fresh pressed in the U.S.A.

### Superior quality!

Satisfaction Guaranteed or Your Money Back (contact us)!

### Organic Oil quality

Rejuvenative Oils are created with a sincere and loving goal to epitomize, without

cutting corners, the highest quality, freshest and healthiest, completely low-temperature processed oil possible.

This fresh, raw, lowtemperature processed organic oil is made in small batches with an industrial, low-volume, hightech oil press. This low temperature process is better than low temperature pressed; which is likely to mean that the oil reached a warmer temperature at some stage in the production process. Higher yields can be achieved when oil is pressed at higher temperatures.

Rejuvenative Foods is proud to let temperature be our guideline, our raw oil temp never exceeds 90°- 115°F thereby maintaining minimal molecular change from the nut or seed.

We intend this raw oil to exemplify the most healthful options that are known regarding healthy fats and oils. When we consume this organic oil in this fresh, natural form, we will NOT be consuming saturated or hydrogenated fats or trans-fatty acids (also known as TFA's).

This raw oil was never refined, processed or added to in any way. Furthermore refrigeration and 6-month freshness dating means life energy in this organic oil is retained. We simply put fresh raw organic low temperature processed nuts and seeds into our oil press, then immediately put the resulting oil into jars and refrigerate.

Shipped while fresh.

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