

March 12, 2014

Dear Honorable Judge Gettleman:

I humbly and respectfully submit this letter to you asking for your urgent help. I am desperate.

As you know, in April 2010, approximately 3 years after you found that I committed civil contempt re the *Weight Loss Cure* book, you referred the case for criminal contempt prosecution (there was no grand jury and I was never indicted). Your order referring the case for criminal contempt prosecution (attached) specifically stated that if I was found guilty, my punishment would be no more than 6 months (maximum) incarceration.

I proceeded to trial in that case in November 2013 before Judge Ronald A. Guzman and on November 12, 2013, I was found guilty of one count of criminal contempt.

My bond was revoked and I was taken into custody the same day where I have remained since (MCC). Being incarcerated under these circumstances has been the most life changing experience in my life. It has been devastating to me, my wife, and my parents. Between the civil and criminal cases, and the Receiver, we have been wiped out financially, effectively homeless, and both my wife and parents have had major health breakdowns. We (my wife and I) have basically lost everything.

I am to be sentenced March 17, 2014.

Even though your original order stated a maximum of 6 months incarceration if I was found guilty, which we pointed out to the probation officer, the PSI report recommends a prison sentence of 235-293 months (19-24 years). The government has asked the court in its most recent filing for a sentence of at least 10 years.

When I read the PSI report I was obviously shocked. I have felt all the emotions: fear, sadness, grief, powerlessness, shellshock, disbelief, depression, horror, guilt, remorse, and deep regret. I have been humbled beyond imagination.

I am writing this letter to you in desperation. I am asking (praying) that you would consider interceding in some way with Judge Guzman on my behalf. Perhaps explaining why you thought in April 2010, after presiding over the entire civil contempt trial and having this specific case before you for approximately 7 years, that a maximum of 6 months incarceration was the fair and appropriate punishment if I was found guilty of criminal contempt. You obviously know the details of the case more than anyone.

My counsel has submitted to Judge Guzman nearly 90 letters from people who have known me for many years (such as my closest friends, my parents, and my Rabbi). I

hope that you may have a chance to read some of them or to read the 3553(a) filing that my counsel prepared based on many of them.

As I sit here at MCC, I am in a state of deep reflection and contemplation. I have taken 100% responsibility for all of this. I have seen where I must change and be a better person. I have the deepest, most sincere regret and remorse. I am sincerely sorry. I apologize to you personally, Judge Gettleman, to Judge Guzman, the FTC, the U.S. Attorney's office and all involved, as well as anyone who bought the book who was not happy with it. I simply, and humbly, ask for forgiveness, compassion, and mercy. I am sorry from the bottom of my heart.

I see now that I have made many mistakes along the way, and that I alone have caused all the issues with both the civil case and criminal case. I have learned my lesson in more ways and at more levels than you can ever know. If I could do it all over again I would do things very, very differently.

I am sitting here at MCC wondering if I have a future life. I wonder if I will spend a substantial portion of my life in prison. I do know that the past does not equal the future. I take responsibility for the past and also for my future. I have made a promise to myself, my wife, my parents, and God that the future will be different.

My parents live in the Boston area. They are 87 and 88 years old. Their health is failing. They are constantly in and out of the hospital and need daily home care. They are too sick to travel. They need and want me to live with them. As I am now homeless, if I am allowed to leave prison, I will go and live with my parents (and with my wife if she regains her health and is able to travel) and we will take care of them in the time they have left. If I am given a lengthy prison term I will never see my parents alive again.

My wife as you know has been in and out of the hospital (ICU) over the last 6 months. I have not spoken with her in over a month since she was last admitted to the hospital in Ukraine. I do not know how her health is at this moment. She is effectively homeless as well, living with friends and family. She has no money. She has been wiped out financially and emotionally (as have I). She has no income (and nor do I) and she cannot work due to her illness. We both have no health insurance (cancelled by the receiver) and her medical bills have drained her and her family of almost all their money. We are all now massively in debt. I have not seen her in over 7 months. We both have never had children and have wanted to start a family. If I am given a lengthy prison term we will never be able to start a family and I may never see my wife ever again (as she is still in her home country of Ukraine, and very ill).

Your Honor, I am totally at the mercy of the Court. My life is in Judge Guzman's hands as he will sentence me and determine if I have a future life or not. I respectfully and with the deepest humility ask you to intervene with Judge Guzman in some way. Perhaps explain why you thought, when you referred this for criminal

prosecution, that the maximum punishment for me would be 6 months incarceration if I was found guilty, and why you never thought that I should be incarcerated for 19-24 years (effectively a life sentence) or for 10 years.

I pray that Judge Guzman gives me a sentence in line with your original show cause order (maximum 6 months incarceration).

Thank you from the bottom of my heart for your time and consideration. I know you are a fair and compassionate man. I ask for mercy and leniency. My parents, my wife, and all my friends and supporters thank you as well.

I can promise you, no matter how I am sentenced, I am a changed, more enlightened person who has a new path for my life. This experience with the civil and criminal cases have shaken me to the core and changed me for the better. I have learned a lesson of a lifetime.

Thank you again.

Sincerely,

Kevin Trudeau

IN THE UNITED STATES DISTRICT COURT
FOR THE NORTHERN DISTRICT OF ILLINOIS
EASTERN DIVISION

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| FEDERAL TRADE COMMISSION, |) | |
| |) | |
| Plaintiff, |) | No. 03 C 3904 |
| v. |) | |
| |) | Judge Robert W. Gettleman |
| KEVIN TRUDEAU, |) | |
| |) | |
| Defendant. |) | |

ORDER

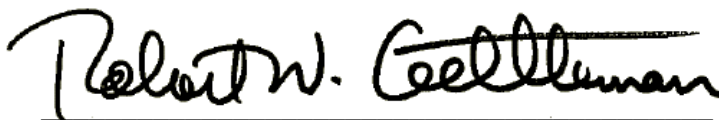
This court has found, and the Seventh Circuit has affirmed, that defendant Kevin Trudeau committed civil contempt of this court’s September 2, 2004 Consent Order. See, FTC v. Trudeau, 572 F. Supp.2d 919 (N.D. Ill. 2008); aff’d in part, 579 F.3d 754 (7th Cir. 2009); Memorandum Opinion and Order dated April 16, 2010. In addition to the civil sanctions addressed in those opinions, the court finds that, as noted by the Court of Appeals, defendant may be subject to punishment for criminal contempt pursuant to Fed. R. Crim. P. 42. (See, FTC v. Trudeau, 579 F.3d at 776, 779.) Accordingly, it is hereby ordered:

Defendant Kevin Trudeau is directed to appear in courtroom 1703, Dirksen Courthouse, 219 South Dearborn Street, Chicago, Illinois, on April 28, 2010, at 11:00 a.m., to show cause why he should not be prosecuted for and held in criminal contempt of this court’s September 2, 2004 Consent Order. Specifically, defendant will personally be given notice, pursuant to Rule 42(a)(1), that this court will consider imposing a term of imprisonment not to exceed six months for defendant’s producing and broadcasting deceptive infomercials that misrepresented the contents of defendant’s book entitled The Weight Loss Cure “They” Don’t Want You to Know About between December 2006 and November 2007, in direct and willful violation of this

court's order of September 2, 2004, prohibiting defendant from misrepresenting the content of any book authored by defendant. At the April 28 hearing, the court will set a date for the trial of this matter, allowing defendant a reasonable time to prepare a defense.

The court, pursuant to Fed. R. Crim. P. 42(a)(2), hereby requests that the United States Attorney for the Northern District of Illinois prosecute defendant Kevin Trudeau for criminal contempt of the September 2, 2004 Consent Order. The United States Attorney, or an Assistant United States Attorney acting at his direction, is directed to appear at the April 28 hearing.

ENTER: April 16, 2010

A handwritten signature in black ink that reads "Robert W. Gettleman". The signature is written in a cursive style with a horizontal line underneath the name.

Robert W. Gettleman
United States District Judge